



# Jupiter Area Plastic Surgeon Dr. Vartan Mardirossian Offers Proven Methods for Overcoming Thinning Hair

*Jupiter-based plastic surgeon Dr. Vartan Mardirossian provides local and national patients with numerous options for combatting hair loss.*

MIAMI, FLORIDA, UNITED STATES, December 3, 2018 /EINPresswire.com/ -- Per data from the American Hair Loss Association, male pattern baldness (also known as androgenetic alopecia) is the number one cause of hair loss in men and accounts for more than 95% of all cases. Two-thirds of American men will experience some sort of noticeable hair loss by the time they are 35; by the age of 50, some 85% of men deal with even more severe thinning. What's more, some 21 million women in the US are currently fighting noticeable hair loss, too. Though many of the [hair restoration solutions](#) available to men and women alike have been hit-or-miss throughout the years, [Dr. Vartan Mardirossian](#) at Palm Beach Plastics offers several solutions that have been clinically proven to stop hair loss and even regrow hair.

## At-Home Options

Topical products like finasteride and minoxidil are by far the most commonly sought-after treatments for combatting hair loss. The former can only be used by men; the latter is ideal for men and women alike. These products are said to increase hair density, but around 30% of all people who try it do not see any results at all. Low-level laser therapy utilizes cold red laser light to stimulate hair follicles. You can have this procedure performed in a doctor's office, or you can purchase caps, combs, or helmets to use at home. Though it does not work for everyone, people who do see results will see them after about six months of use.

## Platelet-Rich Plasma

[Platelet-rich plasma \(PRP\) treatment](#) is an option that is only available in a licensed physician's office, including Dr. Mardirossian's office in Jupiter, Florida. Essentially, after a blood draw, the team will separate the plasma from the red blood cells and re-inject it into your scalp over a series of sessions. Each session lasts about 15 minutes, and you can choose to combine PRP with hair restoration surgery or use it alone. Most people require anywhere from three to four treatments roughly one month apart to see a noticeable difference.

## Surgical Options

Hair grafting occurs when doctors remove thin strips of skin with health hair follicles and then graft these into areas experiencing hair loss. It is the most common and oldest method of hair grafting, and it results in a long, thin, barely-there scar. Another option involves harvesting individual follicles with a punch, then implanting those grafts back into the scalp. This form of transplantation requires no sutures. Finally, surgeons may also perform hairline advancement procedures. In these cases, an incision is made from one temple to the other along the hairline, which allows the hairline to then be repositioned.

If you are dealing with thinning hair and you are ready to make a change, contact Dr. Mardirossian and his team at Palm Beach Plastics today at (561)624-0900 or via their website to

schedule your consultation.

About Palm Beach Plastics: Palm Beach Plastics, also known as Mardirossian Facial Aesthetics, is in Jupiter, Florida and is headed by Dr. Vartan Mardirossian. Palm Beach Plastics offers numerous surgical and non-surgical cosmetic and reconstructive procedures ranging from Botox injections to full-scale facial feminization surgeries and more. For more information please visit <https://palmbeachplastics.com>.

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