

# E-Therapist Samantha M. Ruth of Never Give Up to be Featured on CUTV News Radio

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[EINPresswire.com/](http://EINPresswire.com/) -- Samantha M.

Ruth is a psychotherapist who always sensed this was her calling. Today she runs a counseling business; a business that evolved from her own life transitions and is named Never Give Up. The name bespeaks the way she fights, with such intensity and passion that a client once called her a pit bull. Never Give Up has also been Samantha's personal mantra as she struggled-- to start her career over when she moved to Denver CO for love, with health issues, and then again when she lost her cherished husband in 2017. Having lived through some of what her clients go through might be the reason Samantha connects so well with them—whether they are speaking via texts and emails, on Skype, or sometimes, in person.



Samantha says that when she first came to Colorado with her Michigan therapy license it was hard to carve out a niche there. Her new state had restrictions on how someone with family and school counseling credentials could market themselves. Samantha was viewed as overqualified for some jobs she applied for. Several of the Midwest based clients who relied on her support kept calling and emailing, and thus, her career as an e-therapist was born. Samantha believes it is the wave of the future! Finding one hour a week (or more when needed) is doable for people when they don't have to walk away from a job or a child, or to travel on snow days. It's also easier for some people to dig deep and divulge certain issues in an email than when facing a therapist.

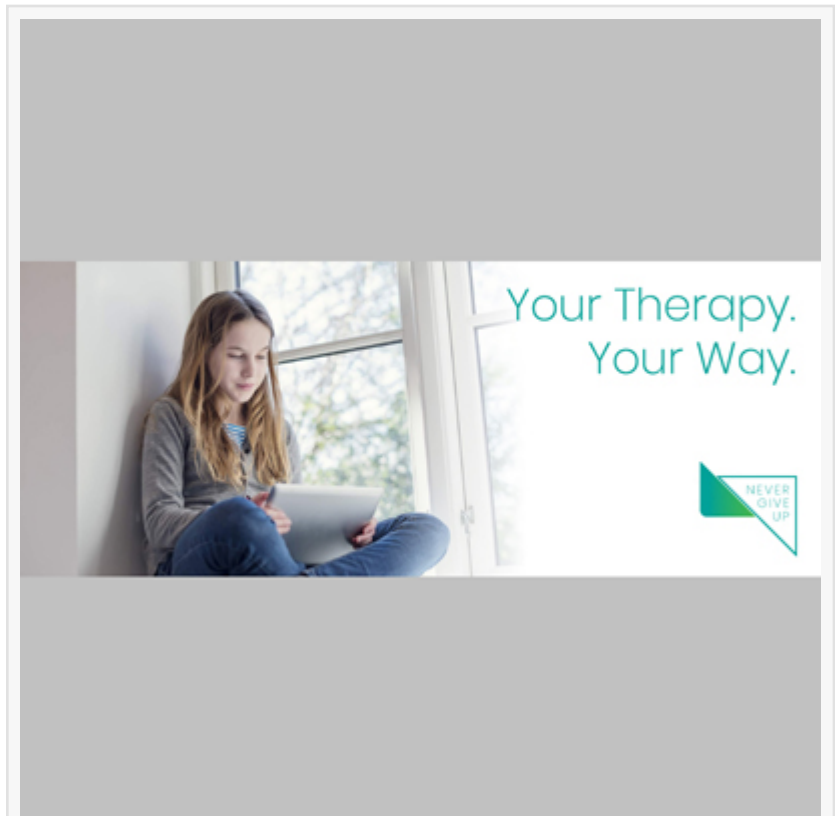
Early in her career Samantha worked with teens and their families in a residential setting. She went on to create much success in clinical and educational settings throughout Wayne County

Michigan. As a therapist, she has helped clients to cope with anxiety, substance abuse, eating disorders and more, taking a holistic (rather than medicinal) route whenever possible. She has also handled relationship issues, like the fear of commitment or how to communicate better with one's partner. Samantha feels having extra support for a transition--such as a new love interest, a career change or a pending marriage--can lead to a healthier relationship or outcome. That kind of transition might involve moving to a strange new place, as Samantha once did.

Samantha married "the man that got away", the true love she met when she was too young and too involved in her education and career to handle it. Through social media they found each other again in 2013, married quickly, and stayed oh-so-close together to make up for the years in between. Sadly, Samantha's husband passed away in 2017. Before he went off to work that day, she told Jim "I love you more" and he responded, "I love you most."

Samantha fought back from grief and loss, just as she had fought illness and for her career. She keeps moving on and recently was hand-selected to train with Jack Canfield and learn the Success Principles methodology. She looks forward to attaining her certification soon and meanwhile keeps fighting for clients and their life goals. The main idea for clients is to know that you are worth it, and to never give up!

CUTV News Radio will feature Psychotherapist Samantha M. Ruth in an interview with Doug



Llewelyn on Friday Dec. 14 and Jim Masters on Friday, Dec. 21, both at 12:00 Noon EST.

Listen to the Shows on [BlogTalkRadio](#)

If you have questions for our guest, please call (347)996-3369

For more information about her, or Never Give Up and its services, visit <https://nevergiveup.care/>

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