

WE NEED TO FIND AND ELECT LEADERS WHO WILL TRANSFORM AMERICA INTO AN EMOTIONALLY HEALTHY SUPER POWER.

There is talk of changing mindsets. The mind is a fragrance of the brain so what needs changing is the brain. Leaders need to focus on changing the brainset.

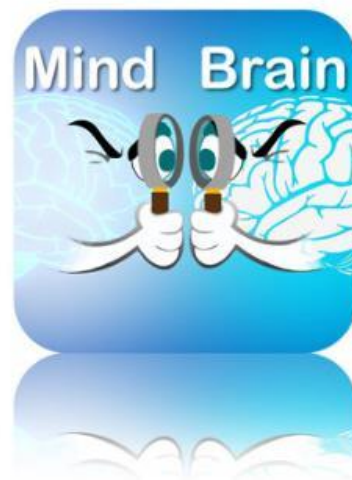
WASHINGTON, DC, USA, December 7, 2018 /EINPresswire.com/ -- AMERICA NEEDS TO BE TRANSFORMED FROM AN EMOTIONALLY CHALLENGED COUNTRY INTO AN EMOTIONAL HEALTH SUPER POWER.

Governments have been since ever trying to manage human behavior by carrots and sticks. They mostly lay down laws to control negative behavior. They do not care for what the individuals are thinking all they try to insure is that they obey the laws. For governments the mindset does not matter as long as the rules of the land are followed. Governments realize that laws are not working so they keep trying to introduce newer and newer laws to improve the law and order situation but it improves nothing. There is a path where this massive law and order situation does not need to arise in the first place.

Experts have now realized that to change behavior, laws are not enough, what needs changing is the mindset of the people. This is a good step in the right direction. However not much will change as long as the focus is on trying to change minds by trying to change the [mindset](#). The problem is that our experts have lumped the brain and mind as just the single entity of the mind. The mind and brain are two separate entities, where the mind is the smoke and the brain is the generator of this smoke. Shifting from controlling society by better and better laws to trying to change mindsets will work as good as trying to change the smoke while leaving the fire to burn on. It is the emotionally challenged brain that needs healing.

American solutions for removing the ills of society are based on managing, and controlling ill behavior. Behavior is a symptom. From our leaders, to wisdom experts to experts at the UN, now the move is on to changing the mindset of the people. The mind is a symptom of the brain. So changing the mindset is again about changing the symptom. As long as the money and the focus is on changing the symptom and not on addressing the disease not much will change.

Sajid Khan - Brain Freshness



Designer | Nichol

Our Education System Has Cutting Edge Mind Education While Brain Education Is Under the radar Screen.

What if instead of managing and controlling emotionally challenged brains we create conditions that ensure emotionally healthy brains

The failures of society and the mess in education is directly based on the expertise of our leaders. Our experts' knowledge is half-baked. From Oprah and her experts to our top leaders they all advocate a fuzzy path that is based on half-baked knowledge that is leading nowhere. They all lump the brain and mind as just the mind when these are two separate entities.

Our leaders must wake up to and take action on the #1 trouble America is in, 'The curse of egoness' that stems from the fact that we are brought up on the part phony belief that each one of us is the best. This miseducates the brain and as a result we get emotionally challenged brains which creates this mother of all problems. Our experts keep trying to solve the problem by making the mind more and more efficient but when the brain remains emotionally challenged then nothing much changes. Healing the brain will create a healed society.



Emotionally Healthy Brain Generates Emotional Intelligence.

We need to find a leader who can run and become the next President who gives up this policy of addressing symptoms and starts the process of not only addressing the real causes of all these ills of society, who introduces a system where America goes from being an emotionally challenged country to an emotional health super power. To achieve this goal he will do whatever it takes from changing laws to refining the education system.

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It took 1000s of years to realize that laws aren't enough to manage society & that mindsets need changing. How many more years will it take to realize that brainsets need changing to change minds?"

Sajid Khan

This leader will have to introduce a new law that does not just focus on managing and controlling emotionally challenged citizens. He will create a whole new mandatory law where parents will be trained to nurture emotional health that generates wisdom. He will also recognize that the so called normal society is actually subnormal and will

introduce a massive program of Brain Therapy for those who need it to become wise citizens.

America need not be an economically, socially and emotionally challenged country anymore. Our ills of society can be healed. Crime alone is a massive trillion dollar drain on the economic health of our country. Our new leaders will not just help plug this drain they will bring great happiness, health, prosperity and peace to the vast majority of our nation. We can then export economic, social and emotional health/wealth to all parts of the world.

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