

From Nature to Wellness The Ritz-Carlton Spa, Bali introduces Herbal Healing Poultice

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/EINPresswire.com/ -- A luxurious sanctuary

dedicated to renewal and rejuvenation, [The Ritz-Carlton, Spa Bali](#) has introduced an Herbal Healing Poultice to its extensive range of island-inspired therapeutic treatments. Ingredients for the poultice are gathered in the resort's own herb garden and carefully combined to create a relaxing and restorative spa experience.

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Karim Tayach

“The Ritz-Carlton, Spa Bali is inspired by time-honored herbal healing traditions of Bali with the aim of balancing mind, body and spirit. The newly introduced Herbal Healing Poultice provides an ancient cure for modern grievances such as computer-induced tension, tight shoulders and neck pain. The warm healing properties of the poultice combined with expert massage technique provide all the benefits of deep tissue massage, but

without the deep pressure, leaving guests feeling thoroughly rejuvenated” says General Manager Karim Tayach.

Herbs and spices used in the poultice gathered at this [best family resort in Bali](#) include pepper, peppermint, ginger, cinnamon, camphor, clove and nutmeg which are steam heated to release their natural essential oils. A therapist then applies the poultice in a gentle rolling motion that melts tension away. Muscle aches and pains are eased, circulation is stimulated and the body is detoxified as stagnant energy is released.

The Herbal Healing Poultice can be combined with other luxurious spa treatments such as Shimmering Pearl Polish, Seaweed and Mint Aromatic Soaking Ritual and Cold Marine Facial. Any lingering cares can then be floated away in the spa's Hydrotherapy Pool or secluded Balinese Bathing Pool set amidst lush tropical foliage.

Recently awarded Luxury Beach Resort Spa global winner at the World Luxury Spa Awards 2018, this best hotel in Bali offers a genuine respite from the world, and includes private spa villas, yoga studio, well-equipped gym and beauty salon.

The Herbal Healing Poultice is a 90 minute treatment priced at IDR 1,800,000 net per person. For

more information about this and other treatments at The Ritz-Carlton, Bali Spa please contact rc.dpssw.spa@ritzcarlton.com or please view the video here.

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About The Ritz-Carlton, Bali.

Located on a stunning beachfront combining with a dramatic clifftop setting, The Ritz-Carlton, Bali is a luxurious resort offering an elegant tropical ambience. Featuring tranquil views over the azure waters of the Indian Ocean the resort has 279 spacious suites and 34 expansive [best villas in Bali](#), providing the sheerest of contemporary Balinese luxury. Along the foreshore are The Ritz-Carlton Club®, six stylish dining venues, an indulgent and exotic marine-inspired Spa, and fun, recreational activities for children of all ages at Ritz Kids. A glamorous beachfront wedding chapel, makes an idyllic setting for destination weddings, while a range of outdoor event venues and extravagant spaces provide the perfect scene for celebratory events and wedding reception in Bali. Well-appointed conference venues, luxurious meeting spaces, customizable residential packages and experienced organizers also entice those looking to create inspired MICE Tourism events in Bali. Whether work, pleasure or romance is on the agenda, The Ritz-Carlton, Bali is the place to make memories that last a lifetime. Follow us on Facebook, Instagram, Twitter, Youtube, LinkedIn, Google+, WeChat

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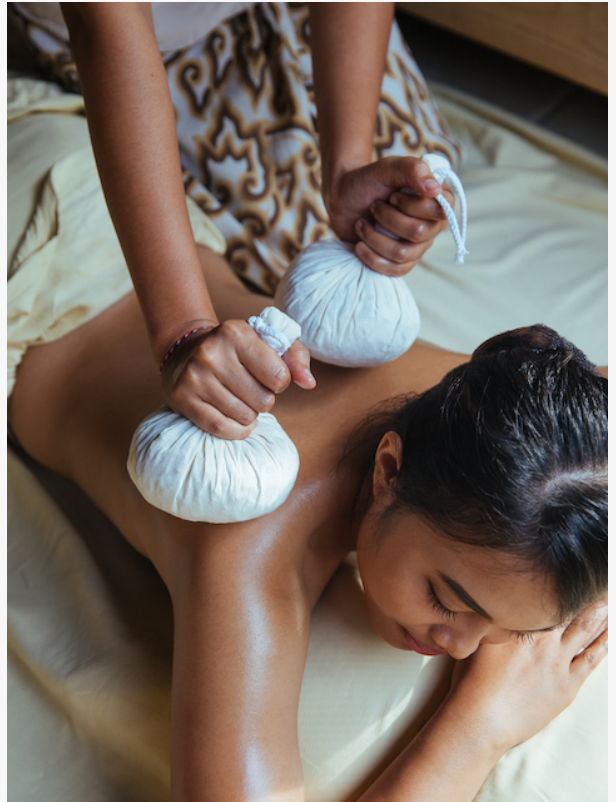
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Relaxing and restorative spa experience



Luxury spa villa at The Ritz-Carlton, Bali



Single treatment room at The Ritz-Carlton, Spa Bali

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