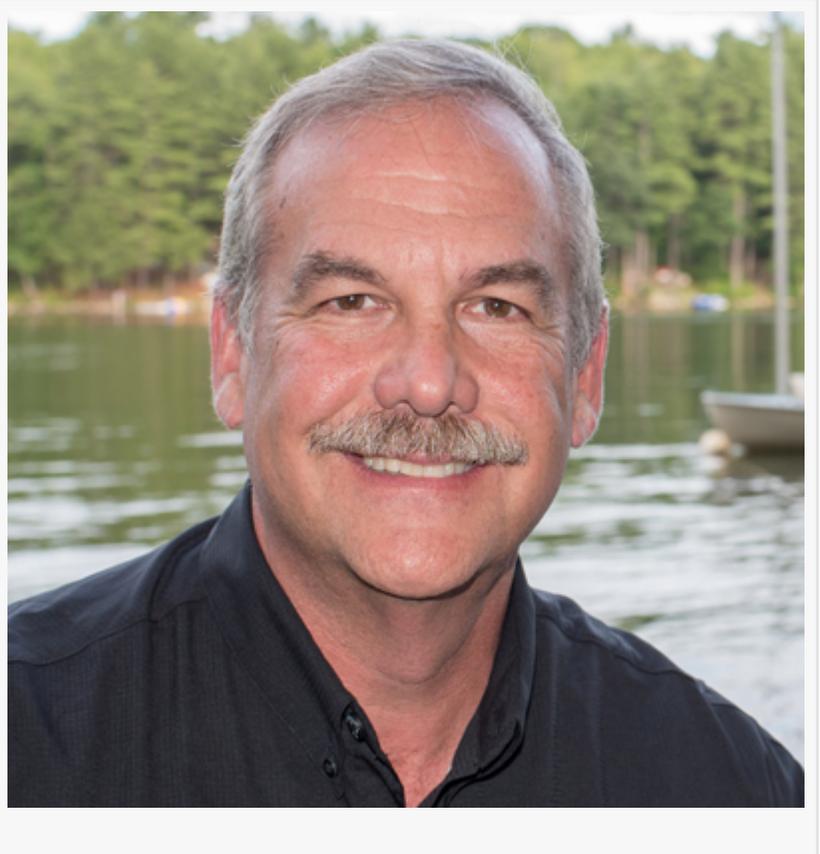


## David Ladd of Even Keel Coaching to be Featured on CUTV News Radio

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EINPresswire.com/ -- Growing up in Hawaii, David Ladd spent much of his youth sailing. Whether sailing in competitions or for fun, David learned the keys to moving forward were speed and stability, keeping the boat as level as possible. So, when he launched his life coaching business after his early retirement, he drew inspiration from the life lessons he learned while sailing. Today, Even Keel Coaching is the name of David's coaching business, and "Even Keel" serves as a theme with which he guides people through relationships, transitions, and professional challenges and opportunities. He helps his clients to move ahead, empowered and supported, as they develop skills and methods to maintain a balanced life.



When David retired from more than thirty-years in ministry, he felt he had a lot time left and had yet to truly fulfill his helping purpose. Coaching turned out to be the ideal way to fulfill his calling to help and guide people in their pursuits.

He wants listeners to understand what a coach can do for them: a coach helps you maximize today while helping you design tomorrow. Whether you are 20 or 80, working with a coach means all those aspirations and "someday" plans you have can, in fact, be realized. Your coach helps you define goals, draw up a plan, and works hand-in-hand with you, keeping you accountable. Most client engagements last about 8-12 sessions either meeting online, over the phone, or in person. David's coaching approach is customized to meet your exact needs, as some have short-term hurdles, and others might discover a new agenda to extend the engagement.

Nearly all David's clients are trying to reach a better place in their lives. For many, like himself, it is discovering what they want to do after retiring from a long-term career. Newly retired professionals often feel that work provided them an identity, social interactions, and purpose. When those suddenly end, depression and a decline in physical health can occur. David's method helps you develop a new identity and find in retirement a refreshed life--with purpose, happiness, and an ideally designed schedule.

David's practice also offers specialty coaching for law enforcement. Law enforcement professionals' growth and advancement efforts often involve specific challenges with its personnel structure. Additionally, the field of law enforcement impacts everyday life and relationships due to the unique job stresses. Having served as a chaplain for local police departments in California and Virginia, David has first-hand experience of the professional dynamics, dangers and traumatic scenes officers encounter. Combining that experience with professional coaching gives David a unique set of qualifications officers may find ideal.

As a coach, David works to help people discover the missing pieces for their happiness and success, including improving relationships. Though neither a therapist nor marriage counselor, David does help clients address relationship issues for couples, families and professionals.

Life is about learning and growing, David says. If we don't move forward, we go backwards--or



life just leaves us behind. In this radio show you'll hear more of David's advice and many experiences and accomplishments.

CUTV News Radio will feature Coach David Ladd in an interview with Jim Masters on Thursday, December 13 at 10:00am EST

Listen to the show on [BlogTalkRadio](#)

If you have questions for our guest, please call (347)996-3369

For more information about David and his coaching visit <http://www.evenkeelcoach.com>

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