

# Acne treatment in a skin care clinic offers surprising results

*"The bane of teenagers and some adults, the good news is, it can be successfully treated at a reputable skin care clinic," says skin care expert Marion Simms.*

LOS ANGELES, CA, US, December 16, 2018 /EINPresswire.com/ -- [Los Angeles, CA], [November 18, 2018]— Acne is a skin disorder that affects people across the globe. Each year, over 50 million Americans are affected by this ailment in varying degrees and according to The American Academy of Dermatology, acne is the most common skin condition in the United States. "The bane of teenagers and some adults, the good news is that it can be successfully treated at a reputable [skin care clinic](#)," says skin care expert Marion Simms.

Ms. Simms owns Skin Sense Wellness in LA and has worked with hundreds of people suffering from acne issues.

To some degree, diet can affect acne. But the foods normally associated with acne like chocolate, pizza and fried foods, are not always the problem. Dairy and high glycemic foods like white bread and rice can trigger an outbreak or make it worse.

"Acne can occur for a variety of reasons," Simms states "but most pimples are caused by fluctuations in hormone levels. During puberty, the increase in androgens (male hormones) causes the adrenal glands to go into overdrive. This triggers the production of excess sebum within the sebaceous glands which can result in congestion and clogging. Dead skin can also clog pores. Bacteria, known as P. acnes can then create the painful pimples we associate with acne," Ms. Simms says. "Just saying 'keep your skin clean' is not enough. You have to use products that rebalance and protect your



skin."

Skin Sense Wellness technicians are experienced in analyzing skin types and conditions. Based on what they see, they can recommend a series of treatments and products that help keep acne under control, and also address lifestyle changes that help each client maintain clear and healthy skin.

Ms. Simms said over-the-counter remedies are a one-size-fits-all approach. Everyone has different skin so these programs will not work for each individual.

"If you have acne issues, let us take a look and see what we can do to help clear your skin up," suggests Simms. "Our professional products are not available in department stores and are specifically designed to treat all skin conditions that include acne at any age and stage.

About Skin Sense Wellness:

Skin Sense Wellness is a skin care clinic based in Los Angeles, California. The company truly believes that every person deserves beautiful skin and provides effective and safe [anti-aging solutions](#) to attain that goal.

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For more information about Skin Sense Wellness and their products and services, call 323.653.4701 or visit their website at <https://skinsensewellness.com/>

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