

Doreen Sotelo-Celedon Announces Turmeric is Now Available Doterra

Turmeric has so many benefits. Doreen Sotelo-Celedon is excited to announce that this holistic solution is at Doterra.

DALLAS, TEXAS, USA, December 19, 2018 /EINPresswire.com/ -- Turmeric is a relative of ginger, which is a holistic ingredient found in many natural remedies. Of course, onions are also known to have the ability to pull toxins from the body. Garlic is another natural antibiotic that is often overlooked. Yet, the most powerful and diverse of these holistic properties are often the most overlooked. Turmeric has an amplified medicinal power.

Although it is lesser-known, it has the abilities of other natural options. Yet, Turmeric kicks these abilities into high gear.



Now, turmeric is available at Doterra. This makes obtaining this useful remedy even easier. This also ensures a consistent quality, since it is coming from a trusted brand. [Doreen Sotelo-Celedon](#) is proud to have the opportunity to offer such a helpful and versatile solution at Doterra.

What Turmeric Can Do

Turmeric is proven to ease a plethora of ailments. From physical to mental, and even emotional distress, the power of Turmeric can provide relief. Here are a few of the more common illnesses that are helped by Turmeric:

Epidermal Issues

Headaches

Heartburn

Hay Fever

However, these are not the only afflictions that Turmeric is credited for taming. These are some of the less-common diseases that Turmeric can help to alleviate:

Depression

Arthritis

Inflammatory Bowel Disease (IBD)

Cancer

Type 2 Diabetes

Chronic Kidney Disease

Alzheimer's Disease

What Makes Turmeric Special

Turmeric's main ingredient is curcumin. Curry is made from curcumin. It is primarily used to help

stabilize the immune system. However, there are many other topical and ingestible benefits. Besides the boost it provides the immune system, it also helps gastrointestinal. Plus, it is theorized to help the excretion of dopamine and improve circulation. Both will help boost mood and energy levels.

Unfortunately, within the small concentrations, people find in their food, since curry is a spice, it is not overly helpful. However, when it is taken or applied in more concentrated doses, improvements become noticeable quickly. Additionally, turmeric can be taken with most medications. Therefore, people do not have to choose between their medication and a holistic alternative. It is only there to help.

Get it at Doterra

Of course, curry is not difficult to find. However, the more concentrated versions of Turmeric are more elusive. Hence, Doreen Sotelo-Celedon's excitement to offer it at Doterra. Turmeric comes in the form of an essential oil. Turmeric is safe to use without dilution and there are many ways to utilize it. People can use aromatherapy with this oil, use it topically, and ingest it. The experience for the senses is a woody, earthy, warm spice. In addition to being versatile with its benefits, Turmeric is also versatile in its application options.

In summation, Turmeric can do wonders for the body. Whether a person is suffering from a headache or a chronic issue, Turmeric has proved itself time and time again. [Doreen Sotelo-Celedon is excited to offer](#) this awesome holistic remedy through Doterra.

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