

# LifeStart Named One of Nation's Best and Brightest in Wellness for Third Year in a Row

CHICAGO, IL, USA, December 27, 2018 /EINPresswire.com/ -- The Nation's Best and Brightest in Wellness® is an annual competition to identify and honor organizations that have proven their commitment to the wellness of their employee population. Organizations are assessed on categories such as communication, work-life balance, employee education, diversity, recognition, retention, and more. The competition honors the companies with the most influential and innovative wellness solutions in the nation.

[LifeStart](#) was selected this month as a winner of the Best and Brightest competition for the third year in a row. The winning companies this year were evaluated on a multi-point assessment instrument designed to measure wellness program effectiveness. They include outcomes, analysis and tracking, participation & incentives, benefits and programs, leadership, employee input, culture and environment.



LifeStart designs, develops, and manages onsite fitness centers across the nation. With over 80 centers under management, the company stands at the forefront of wellness innovation. The company delivers best-in-class engagement for our member population while helping building owners and property managers to fully amenitize their workplaces. LifeStart's network of health professionals includes nurses, dietitians, health coaches and exercise physiologists.



We are honored to be recognized for our strong commitment to Wellness for the third year in a row!"  
*Mike Flanagan CEO LifeStart*

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