

Play like a Girl by Adriane Costa gets 5 stars from San Francisco Book Review

Adriane Costa's photo book, Play like a Girl, receives a 5 star review from San Francisco Book Review

SACRAMENTO, CA, UNITED STATES, December 24, 2018 / EINPresswire.com/ -- Photographer Adriane Costa asked young female athletes "What does 'play like a girl' mean to you", and their responses were inspiring. Combining photographs of female athletes along with their answers to what 'play like a girl' really means, this photo collection can inspire today's and tomorrow's girls.

Jennifer Padgett from the [San Francisco Book Review](#) said "Costa took her talents, as well as her heartfelt mission of wanting to show young girls that they can accomplish just as much as anyone else in this world—if they just believe in themselves and in their capabilities—and created a masterpiece! She enclosed her work in a cover that is blended with color and vibrancy! She displayed her photographs and quotations in an artistic and meaningful way that is likely to appeal to children even as young as five and as old as thirteen."



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Adriane Costa

“For beginning readers, this text can serve as a fun flip-through picture book that offers an array of amazing photographs and some discernible text; while, for older audiences, it can be a book of greater depth, filled with messages that both motivate and touch the hearts of those who read them. It’s diversified enough to even serve as a conversation piece on a living room coffee table or as research material and context for a classroom project! Additionally, this artistic blend of pictures and text can be read to young girls at bedtime to inspire and encourage them! It can be read from beginning to end or completely out of sequence and still fulfill its ultimate purpose: to

speak to young girls everywhere in a way that may transcend their lives! It is, without question, worthy of a five-star rating!”

“As a mother to two girls, I’m thrilled to see a book like this that lets girls know that “playing like a

girl" is just as hard as playing like a boy," says Heidi Komlofske-Rojek, publisher of the San Francisco Book Review. "My youngest daughter often out-performs the boys in her martial arts class, and they respect her talent. Not all girls try for fear of not being as good as a boy when often they can do better."

Author Adriane Costa had this to say about "Play Like a Girl" - "This book is geared towards a younger audience, especially female. Play like a Girl is a photo book featuring a special series I completed of local girls participating in their sporting activities. In addition to full-color action photographs, I asked each girl why they enjoy their sport, how it makes them feel, and what it meant to them to 'play like a girl.' My hope is that their words and their talents displayed in the photos will encourage young girls to try anything and everything and know that they are incredible just being themselves."

"Play Like a Girl" is available in select stores in the San Francisco Bay Area and through online retailers including Amazon, Barnes & Noble and others. [LINK](#)

Adriane Costa is from Northern California and is a professional photographer, specializing in maternity, newborn and family photography. You can see more information about Costa, "Play Like a Girl" and her photography at her website - <http://www.adrianeostaphotography.com/>

San Francisco Book Review is part of the City Book Review company and publishes more than 200 reviews a month in more than 40 genres. City Book Review has five review outlets, San Francisco, Manhattan, Seattle and Tulsa Book Reviews, and Kids' BookBuzz. Independent authors are encouraged to check out all of the publications for review and marketing help and guidelines. Authors interested in having their books reviewed can visit the [book submission guidelines](#) page for City Book Review.

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