

Dr. Hadi Rassael Offers Guidance on Liposuction Procedures

CHEVY CHASE, MARYLAND, USA, January 3, 2019 /EINPresswire.com/ -- [Dr. Hadi Rassael](#) has been performing liposuction surgery for nearly two decades and offers his patients individual, comprehensive consultations. Dr. Hadi Rassael always takes a hands-on, holistic approach with all of his patients especially when it comes to liposuction procedures.

Liposuction or suction assisted lipectomy, is the removal of subcutaneous fat with body contouring, resulting in a more cosmetically pleasing shape for the patient. [Dr. Hadi Rassael reminds](#) patients that while size improvement is a realistic goal of liposuction, the procedure itself is not a cure for obesity, and encourages all of his patients to lead healthy and active lifestyles. Liposuction results typically take around 6-8 months to show, and recovery is around 2-6 weeks. Although many factors affect the surgical outcome, final results will depend upon the lifestyle you choose to live and a healthy and positive outlook moving forward.



Dr. Hadi Rassael

Dr. Hadi Rassael recommends this surgery to any healthy patients desiring an improved face, neck, or body shape. Liposuction can be performed for most age groups, and Dr. Hadi Rassael is able to perform liposuction on those with previous liposuction surgery in order to improve their outcome. A consultation with Dr Hadi Rassael will help determine the best course of action.

Liposuction is performed either under local or conscious sedation or it can be performed under general anesthesia. The procedure involves the introduction of the tumescent solution through a small incision, generally less than 1cm. This solution provides anesthesia and limits blood loss as well as aiding in the liposuction of fatty tissue. Fat is then removed from the areas using surgical instruments and the time for each procedure depends on each patient. Dr. Hadi Rassael makes all necessary adjustments based on each individual patient so that they can have the best possible chance for a successful surgery and speedy recovery, with each patient being placed in a compression garment until they are fully healed.

After surgery, Dr. Hadi Rassael will discharge each patient the same day, and while recovery is relatively painless and quick, some swelling and slight discomfort is typical. As your swelling decreases your final shape will continue to improve with time. Dr. Hadi Rassael recommends that every patient gradually increase their activity level as this helps with the healing process over the first couple of months.

Each patient is unique, and Dr. Hadi Rassael brings the same level of care and individual attention to everyone who comes in for a consultation. Before considering liposuction, or any plastic surgery, please schedule a visit to meet with Dr. Hadi Rassael in person, to discuss your individual needs and help you improve your life.

To learn more about Dr. Hadi Rassael, and to schedule a meeting to meet with him today, click [here](#).

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