

# Detox in Bali : a Healthy Meeting at The Ritz-Carlton, Bali

*With wellness in mind, The Ritz-Carlton, Bali has introduced The Detox Journey Meeting Package*

BADUNG, BALI, INDONESIA, January 7, 2019 /EINPresswire.com/ -- With wellness in mind, The Ritz-Carlton, Bali has introduced a range of healthy meeting experiences, each channeling the natural, transformative elements of the tropical island of Bali. Combined with an excellent array of conference venues and a team of highly experienced organizers, the luxury beach front resort in Nusa Dua makes an excellent choice for destination meetings with a difference.



Sunrise Yoga Experience

“Bali is well known as a place of healing and spiritual renewal and this inspired us to introduce a choice of healthy detox meeting experiences which include nutritious meals, sunrise yoga, wellness breaks and team building exercises. Our goal is to create the perfect setting for unique, energetic and productive corporate retreats that strengthen business relationships, boost team morale and leave employees feeling fit and healthy”, says General Manager Karim Tayach.

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*Karim Tayach*

The Detox Journey [Meeting Package](#) starts with an uplifting sunrise yoga session on the pristine white sand beach at this best hotel in Bali, followed by a Healthy Start breakfast, carefully created by the resort’s Executive Chef for maximum productivity. The menu includes the freshest fruit and juices, boiled eggs, raw nuts and low fat natural yoghurt.

Meeting rooms are available for 4-6 hours and set up with recycled paper and stationery, fresh and dried fruit, nuts, juices and wholegrain toast. A mid-meeting Wellness Break grants the opportunity for participants to have a 15 minute massage, while an afternoon Infusion Break provides whole grain cookies and a refreshing selection of juices based on the 7 chakras, such as Fennel Licorice and Chamomile, and Anise and Oregano.

The health theme continues into a three course lunch comprised of delicious salads, avocado rolls, grilled tuna, and raw mango and lime dessert. The day concludes with a fun team building exercise such as aqua stretching or Fly-High Yoga.

All meeting packages at this [best meeting venue in Bali](#) come with choice of venues within the renowned cliff top conference center, from break out meeting rooms to stylish board room, each

with state-of-the-art business facilities. Enticing residential packages are also offered.

To cater nowadays trend in meetings and incentive travel, view the meeting experiences here, and join the conversation on social media using #RCMemories.

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About The Ritz-Carlton, Bali. Located on a stunning beachfront combining with a dramatic clifftop setting, The Ritz-Carlton, Bali is a luxurious resort offering an elegant tropical ambience. Featuring tranquil views over the azure waters of the Indian Ocean the resort has 279 spacious suites and 34 expansive [best villas in Bali](#), providing the sheerest of contemporary Balinese luxury. Along the foreshore are The Ritz-Carlton Club®, six stylish dining venues, an indulgent and exotic marine-inspired Spa, and fun, recreational activities for children of all ages at Ritz Kids. A glamorous beachfront wedding chapel, makes an idyllic setting for destination weddings, while a range of outdoor event venue and extravagant spaces provide the perfect scene for celebratory events and wedding reception in Bali. Well-appointed conference venues, luxurious meeting spaces, customizable residential packages and experienced organizers also entice those looking to create inspired MICE Tourism events in Bali. Whether work, pleasure or romance is on the agenda, The Ritz-Carlton, Bali is the place to make memories that last a lifetime. Follow us on Facebook, Instagram, Twitter, Youtube, LinkedIn, Goolge+, Wechatid: ritzcarltonbali

Prhativi Dyah  
The Ritz-Carlton, Bali  
+62 361 848988  
[email us here](#)  
Visit us on social media:  
[Facebook](#)  
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[LinkedIn](#)



Balancing Mind, Body and Soul



Team Building activity



Healthy Fruits options



The perfect venue for conference in Bali

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