

# Saline implants safest choice for breast augmentation

*Unlike firm silicone implants, saline gives the breast a more natural shape, filling it up nicely.*

ENCINO, CA, US, January 7, 2019 /EINPresswire.com/ -- Saline implants are the best and safest choice for [breast augmentation surgery](#), said [LA plastic surgeon](#) Dr. Roya Dardashti.

“Saline is just salted water. Your body needs salt and it needs water to survive. Saline implants are bags of salt water used to reshape the breast,” she said. “Silicon implants are not as safe, even the semi-solid implants. A body does need silicon, but only in very minute amounts.”

It is very rare for an implant to rupture or leak. If it does happen, it is because the implant was damaged in some way. Dr. Dardashti said heavy impacts, such as being in a car wreck or struck by a heavy falling object can cause an implant to break or leak.

If that happens, the saline solution is much less harmful to the body than a massive amount of silicon.

“Of course we hope nothing ever happens to your implant. But is its best to err on the side of caution,” Dr. Dardashti said. “Saline implants are



very durable, but even a bad enough fall can cause an implant to break.”

A lot of people wonder about ddd breast implants before and after. With saline implants, after the normal recovery period from breast augmentation surgery, the new breast size will stay that way. In a few cases, some saline implants can shrink. Dr. Dardashti said this is normal.

Also, “surgery always includes some swelling. That’s why looking at your chest the day after the procedure is not going to give you a realistic idea of what you’ll like in six months,” the LA plastic surgeon said. “[Breast augmentation before and after](#) pictures should be done just before surgery and a few months afterward.”

Because of the shrinkage, the implants are usually a bit larger than what a silicon implant is.

Full recovery takes a month during which time the patient needs to wear a sports bra. Sutures come out in a week.

“In most people, the pain is gone in a few days,” Dr. Dardashti said.

Is a breast augmentation the right thing to do? Schedule a consultation with Dr. Dardashti to learn about all the pros and the cons of this operation. For more information or to schedule an appointment, visit [www.DrRoya.com](http://www.DrRoya.com)

About Dr. Roya Dardashti:

Dr. Roya Dardashti owner of Diamond Surgery Institute is a renowned and highly qualified female plastic surgeon specializing in common and latest cosmetic procedures. Dr. Roya Dardashti has earned a degree in Medicine in Hahneman University School of Medicine in Philadelphia. She also earned honors and recognition and had spearheaded some studies and researches relevant in her field.

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For more information, visit [www.drroya.com](http://www.drroya.com). For further inquiries, call at 818-528-2559.

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