

Linda Fostek of The Crisis Planner to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- How prepared you are to face a crisis? The same level of preparation you would need to have in place for a hurricane is the preparation you would need for a job loss, an illness, disability or the loss of a spouse.

Unfortunately, most people wait until they're in a crisis to try to figure out what they need to do. When we're in the middle of a crisis have fewer options and we tend to make bad decisions that can create an even bigger problem.

Crisis planning is about knowing what to do and having the right resources available to you at a moment's notice, to make these challenges easier to navigate.

Linda Fostek is The Crisis Planner, an expert in the field of disaster planning.



"Crisis planning is all about being able to anticipate what can happen and actually taking the time to think it through," says Fostek. "People are happier and more at peace knowing that their families are protected because they've done all the planning they need to do. I really do sell peace of mind."

Fostek is the author of *SHIT HAPPENS: Creating Your Plan to Survive and Thrive When Faced with Life's Personal and Natural Disasters*.

"I gave it that title because I wanted to shock people into action," says Fostek. "Usually the shock occurs when the crisis occurs, so planning for a crisis is something you need to be shocked into. It's about how they can avoid the panic and the confusion that occurs during and after a crisis."

Fostek was inspired by her father, an engineer, who had written a book called *The ABCs of Home Operation*, which detailed everything a person would need to know about running a house and organizing all their documents.

"My goal is to bring what my father started into the 21st century and make it more user-friendly," says Fostek. "We know we need to do something, but there's nobody out there telling us how to

go about it. You can talk to the attorney, but they're going to tell you the attorney things; you talk to the insurance guy, but he's only going to tell you about insurance things. Nobody puts it all together. And nobody seems to be working for you. That's where The Crisis Planner comes in."

The Crisis Planner ensures you'll know what to do no matter what happens to control the chaos, avoid family conflicts and recover quickly so you can get off the Worry-go-round.

CUTV News Radio will feature Linda Fostek in an interview with Jim Masters on January 9th at 12pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on The Crisis Planner, visit www.thecrisisplanner.com

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