

CPR SHOULD BE MADE A COMPULSORY SUBJECT EVERYWHERE TO SAVE MILLIONS OF LIVES NEEDLESSLY LOST

I AM CONFIDENT THAT GOVERNMENTS EVERYWHERE, ST. JOHN AMBULANCE, ORDER OF MALTA, RED CROSS/CRESCENT, AND MANY VOLUNTEERS WILL JOIN IN THIS LIFE-SAVING CRUSADE.

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/EINPresswire.com/ -- Statement from Ang Lai Soon

Chairman, St. John Ambulance Sarawak Council,
Commander Sarawak.

A few years ago when I started my campaign in Sarawak for CARDIOPULMONARY RESUSCITATION OR CPR to be made a compulsion subject in ALL SCHOOLS AND ALL INSTITUTIONS OF HIGHER LEARNING in Malaysia, I also appealed to all other countries to follow, and I expressed the hope that Malaysia would be the first to do it!

Our then FEDERAL GOVERNMENT strongly supported my proposal, its Deputy Education Minister Datuk Chong Sin Woon said " the proposal is good but we will have to see how we can include CPR into the existing education system. The media reported him as saying that his ministry would study as to how this could be incorporated into the existing syllabus.

Strong support also came from the present Sarawak Government. The Sarawak Minister of Welfare, Community Well-being, Women, Family and Childhood Development Dato Sri Fatimah Abdullah even gave some suggestions .



Dato Sri Ang Lai Soon (The Hon) -
Chairman of St. John Ambulance
Council Sarawak

However, before my proposal could be translated into policy there was a change of government following the General Election.

But I am confident that our new Federal Government would not only give its support to my proposal ,but also implement it in the shortest possible time. This new education / health policy would save lives needlessly lost now everyday.

I am delighted to note that other countries have also taken this appeal very seriously.

Britain has just announced it would start CPR training at the schools in 2020, but I appeal to the British authority there to include all institutions of higher learning as well.

Every year In the United Kingdom there are about 30,000 out-of-hospital cardiac arrests, but less than 10% of these casualties survive, as in some cases, no one knows CPR technique is around at that most crucial moment.

There is absolutely no harm in starting with the school students but, in my humble opinion, all students in institutions of higher learning would also benefit and should be equally trained in CPR, as more precious lives could be saved by these senior students.

EVERY MINUTE THE IMPLEMENTATION IS DELAYED, a precious life, which could otherwise be saved, is lost, if there is no one nearby who knows CPR to help.

There is, I think, no reason for anyone not to support the learning and the implementation of CARDIOPULMONARY RESUSCITATION (CPR) technique as a compulsory subject as it is just a simple training and all you need is a person who has been trained in basic 1st Aid, which would include CPR technique, or only just received training in CPR technique ,to start a class.

One would need a basic half body CPR mannequin to teach the technique, and a dummy AED or Automated External Defibrillator if the school can afford.

A person so trained becomes a Cardiac First Responder. She/he is basically any one trained to a minimum basic level of basic life support in Cardiopulmonary Resuscitation or CPR, and often the use of a portable AED/defibrillator, who attends to assist in an actual or potentially life

threatening emergency situation anywhere, such as a cardiac arrest or heart attack, stroke or even choking, if she /he happens to be around. At the most crucial moment she/he plays a most significant role.

AED is an equipment to give electrical shock to the heart to produce normal contraction of the heart when the neck pulse is not felt and heart sound not heard (implying the heart has stopped beating or is just fibrillating). External heart compression and mouth-to-mouth breathing should be done while waiting for AED to be made available and an ambulance to arrive.

AED should be made available in all public buildings including schools, offices, shopping malls, factories, places of worship, food courts and parks, airports, ports, railway stations, armed forces and police complexes.

Any form of support is important for this CPR CRUSADE WHICH I HAVE INITIATED TO SAVE MANY MORE PRECIOUS LIVES NOW NEEDLESSLY LOST.

I am confident that governments everywhere, St. John Ambulance, The Order of Malta, The Red Cross, Red Crescent, St. Andrew and similar organisations, health organisations, hospitals, doctors, nurses, and many volunteers in the world will only be too happy to join in this crusade to save millions of lives needlessly lost.

THUS THIS APPEAL TO THE GOVERNMENTS OF MALAYSIA AND OTHER COUNTRIES TO MAKE CPR A COMPULSORY SUBJECT IN ALL SCHOOLS AND INSTITUTIONS OF LEARNING.

I have always been a charity volunteer without borders. I will carry on this campaign with the hope that as many people as possible everywhere are given training in CPR so that many precious lives can be saved by this simple, but miraculous technique.

Ang Lai Soon

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