

Super Lawyer Jay W. MacIntosh to be Featured on CUTV News Radio

NICE, FRANCE, January 14, 2019 /EINPresswire.com/ -- "You must do the things you think you cannot do," is one of Eleanor Roosevelt's most famous quotes. How many times do most of us get discouraged from fear, obstacles, and challenges so daunting we just give up on our dreams? One exceptional woman who has embraced life and lives it to the fullest is a shining example.

Jay is a top notch attorney, actress, real estate agent, college professor, and author of several books including 'Janet Talullah', 'The Origins of George Bernard Shaw's Life Force Philosophy', 'Moments in Time', 'Capturing Beauty', and 'Jayspeak on the Côte d'Azur'.

"I was never afraid of taking risks," says Jay. "Throughout my life whenever I have fallen, I got right back up. You can't let anything defeat you or it will. Think 'I can do it if I set my mind to it,' because negativity is terribly discouraging. My dad used to always tell me 'Rough seas make good sailors,' and I have always lived by his words."



Jay attributes her go-getter attitude and fearlessness to her father's remarkable leadership skills he instilled with her when she was a very young child. After graduating from the University of Georgia with her master's degree, Jay became an exemplary college Professor landing Head of the Department of Drama at Brenau College (now Brenau University) and Chairman of Division of Humanities for a branch of the University of Georgia. Afterwards, Jay, went into acting, began a lucrative career in real estate, and at the age of 62 graduated from law school and was ultimately recognized as a Super Lawyer. After moving to the south of France, she published seven books.

"After I left law school, I kept that whole young mental attitude which I had all my life," says Jay. "I thought of myself as the Energizer Bunny and for those people who doubted me when they saw what I was able to achieve, their dismay turned to respect and that was the best feeling in the world."

Jay finds joy in discovering the simplest things in life. It's healthy to let go of old, painful memories and not carry unnecessary baggage aching with nostalgia over a time that has past. Instead, create wonderful new memories. With the world in such chaos, It's truly disheartening

to hear so many people giving up on life using countless excuses that stop them from reaching their goals.

"I can't stress enough the importance of healthy living, and I see so many people allowing themselves to become overweight and age prematurely," says Jay.

Jay makes it a priority to eat healthy, exercise, and live joyfully. The occasional French wine is always a magnificent treat.

"Every day allow something new into your life and make certain to seek innovative ways of doing things," says Jay. "So many people woefully give up and wait to die. They stop proactively going after their dreams. Some feel so utterly defeated they withdraw into nothingness. You must keep putting yourself out there and reach for the stars every day and you will be living a life of absolute happiness."

CUTV News Radio will feature Jay W. MacIntosh in an interview with Jim Masters on Wednesday January 16 at 10 a.m. EST.

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389.

For more information on our guest please visit www.jaywmacintoshlaw.com

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