

Saponi Stickball and Lacrosse Program in the Piedmont of North Carolina teaches culture

The youth advocacy organization reminds parents, teachers and community members to help teach the youth about the rich culture in Alamance County.

MEBANE, NC, US, January 30, 2019 /EINPresswire.com/ -- Support Our Arthritic Kids launched its 2018 Saponi Stickball/Lacrosse program in July, and continued its momentum today, announcing a culture class in February 2019 in Alamance County.

"Increasingly, younger generations of Native American's are abandoning traditions -opportunities for a close connection to the earth - with a resultant increase in disease and impaired health states. We are excited to add this program to support our community's youth initiative of the Autoimmune Awareness campaign," said Crystal Cavalier, president and CEO of Support Our Arthritic Kids. Less than 100 years ago, autoimmune illnesses were almost unheard of among native American communities. Culture and [ceremonies](#) play an important role in the overall well-being of traditional Native American people but the healing potential of this practice is typically unappreciated by allopathic health providers. By bringing [Culture Classes](#) back to the community, Support Our Arthritic Kids Inc., are focused on making sure youth stay active and healthy- making sure we offer opportunities to empower youth to excel in school, eating healthy, become good citizens and leading productive lives.

As the community's leading advocate for [youth health](#) awareness, the goal is to ensure that every youth in the area has an open door to a great future. Throughout the Youth Awareness Program, additional partners are supporting youth by donating lacrosse equipment and supplies, encouraging their employees to volunteer with our program and engaging the public to participate in the awareness campaign.

About Support Our Arthritic Kids, Inc

SOAK was started in 2010 by native American military spouse who was frustrated by the lack of public awareness about juvenile arthritis in military and native American communities, and by the lack of advocacy for arthritis patients. We believe that if the communities such as teachers, parents, pediatricians are made aware that arthritis is more than "a few sore joints" and that arthritis strikes children, teenagers and young adults; money will be contributed to arthritis research.

Please visit Support Our Arthritic Kids for more information on youth programs.

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