

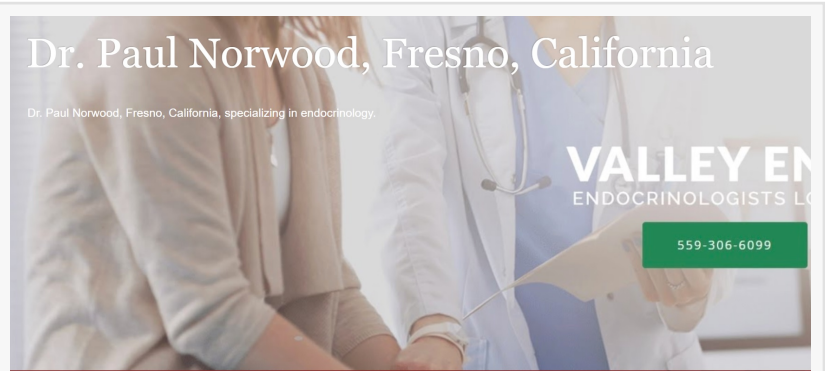
Dr. Paul Norwood publishes easy-to-understand article about “Everything You Need to Know about Parkinson’s Disease”

Like many medical issues, Parkinson’s disease is a complex matter and difficult to comprehend. Medical researcher Paul Norwood, MD, explains in layman’s terms

FRESNO, CALIFORNIA, UNITED STATES,

February 20, 2019 /EINPresswire.com/

-- Is one of your loved ones suffering from Parkinson’s disease? Do you find it difficult to understand what they’re going through? Physician and researcher [Paul Norwood, MD](#) has published an informational article on this subject. The complete article will be published on the Blog of [Dr. Norwood](#) at <https://PaulNorwoodMD.blogspot.com/>



Blog of Paul Norwood, doctor specializes in endocrinology, diabetes and metabolism

“

The origin of this disease is unknown but there are some factors which increase a person’s risk of developing it, such as one’s family history”

*Physician Paul Norwood,
Valley Endocrine clinic,
endocrinology*

This article will tell you all about this disease and how it affects the human brain. It is not easy to watch your loved ones go through a disease that has no cure. All you can do is help them manage their life and help them improve their condition. Parkinson’s is one such disease which has no cure. It is a long-term disease which deteriorates the performance of the human brain over a long period of time. The symptoms of this disease show up slowly but the scientists haven’t found a cure for it yet.

What Is Parkinson’s Disease?

Your body is made up of two nervous systems – central nervous system (CNS) and peripheral nervous system (PNS). The central nervous system consists of your brain and the spinal cord. The minor nerves and the grey matter of your body make up the peripheral nervous system. Your brain sends signals to your body organs through the spinal cord so that your body

functions properly.

Parkinson's disease affects the central nervous system. It slows down body movement because the brain is unable to properly send signals to the body organs. At first, Parkinson's patients experience symptoms such as shaking, slow movement and difficulty walking. Later on, they develop behavioral and cognitive problems. This condition worsens over time and issues such as dementia, anxiety and depression take over.

We take our body movement for granted. Right now, you must be using your fingers to navigate through this article. To move your finger, your brain sends a message through nerves present in your spinal cord called motor neurons. These motor neurons connect with the muscles in your fingers and allow them to move. This process of sending signals from your brain to your organs occurs within a fraction of a second.

In Parkinson's disease, the neurons die and therefore your body is unable to move. With the passage of time, patients develop difficulty swallowing and chewing food. Furthermore, they are unable to control their bladder and pass stool. These difficulties cause patients to become bed-ridden.

The origin of this disease is unknown but there are some factors which increase a person's risk of developing it. If your family has a history of this disease, you are more likely to develop it. A genetic mutation develops this disease and if it runs in your family, you are at a risk of having it. Apart from that, exposure to certain toxic chemicals can minutely increase your chances of developing Parkinson's. Also, people over 60 years of age and men are more likely to develop this condition, notes [physician Paul Norwood](#).



Dr Paul Norwood in Fresno California



Dr Paul Norwood in Fresno California

How to Deal with It?

As of now, there is no cure for Parkinson's disease but certain medicines can help control the symptoms. These medicines contain substances that increase production of dopamine – a chemical released by the neurons to transmit signals in the body. Doctors recommend aerobic exercise, yoga and physical therapy to improve the body's balance. Moreover, if the patient is unable to speak properly, a speech therapist can be hired to help them cope up with it. Keeping pets can also improve Parkinson's symptoms.

So, now that you know what causes Parkinson's disease and how to deal with it, you can help your loved ones cope up with this disease and make them feel better.

About Dr. Paul Norwood

Physician Dr. Paul Norwood leads the team at Valley Endocrine in Fresno, California. Valued by his community for his caring and kind personality as well as his skills as a physician, Dr. Paul Norwood is also respected nationwide for his expertise as an endocrinologist. Dr. Norwood founded Valley Endocrine clinic, which specializes in endocrinology, diabetes and metabolism, and Valley Research, which does clinical trials. Dr. Norwood has gained a reputation among physicians for his research, service to the community, and contributions. Dr. Norwood is the Executive Editor of the Journal of Global Health Perspectives. For almost 30 years, he has provided free medical services to the community on the faculty of the University of California at San Francisco.

References

Video: Dr. Paul Norwood M.D. of Valley Research discusses treatments and medicine to treat conditions like diabetes, chronic migraines,



Dr Paul Norwood in Fresno California



Dr Paul Norwood in Fresno California,
Valley Endocrine Research

<https://www.youtube.com/watch?v=-Ueoj-gOs5M>

<https://paulnorwoodmd.com/>

<https://valley-research.com/principal-investigator-1>

<https://www.drpaulnorwood.com/provider/paul-norwood-md>

<https://PaulNorwoodMD.blogspot.com/>

<https://hype.news/dr-paul-norwood-fresno-california-usa/home>

<https://hippocratesguild.com/dr-paul-norwood>

<https://medicogazette.com/dr-paul-norwood%2C-fresno>

Executive Editor of the Journal of Global Health Perspectives: <http://jglobalhealth.org/editors/>

Colleen Saliba, NP

Valley Endocrine and Research

+1 559-306-6099

[email us here](#)

Visit us on social media:

[Facebook](#)

[LinkedIn](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/476392304>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.