

HealthForumOnline.com updates CE course for mental health providers on assessing & preventing school bullying

HealthForumOnline.com updates mental health CE course, School Children that Bully and Bully Victims: Psychological Theory, Assessment and Intervention.

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HealthForumOnline.com (HFO), a nationally-approved (APA, ASWB, NBCC, NYSED Social Work Board) provider of online continuing education (CE) for psychologists, social workers, counselors, and other allied professionals announces recent updates to its online CE course, [School Children that Bully and Bully Victims: Psychological Theory, Assessment and Intervention](#) to their extensive online CE resource library.

The victimization by a bully and the perpetration of bullying is viewed as a major public health risk. Considered the most widespread form of peer aggression in schools, one review found 50.2% of students acknowledged bullying of a verbal type, 38.3% experience cyber bullying, 37.4% relational bullying, and 33.3% bullying of a physical type (e.g., 1).



Bullying among school-age children

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This online CE course guides psychologists and allied mental health professionals working in the context of school-based bullying.”

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There has been a national, even global, paradigm shift regarding how we view bullying behavior, as well as how we intervene. No longer considered a “normal” part of growing up, we now know that bullying can lead to negative short- as well as long-term physical and psychological effects, even lethal consequences. Some consider school bullying the most significant public health concern facing children and adolescents today, in part, because of the steady rise of cyber bullying – a type of bullying associated with high aggression among its teenage predators and victim suicide, or “bullycide” (e.g., 2-4).

School bullying is the best single predictor of psychiatric symptoms among pediatric patients

(e.g., 5), with serious consequences reported for the victim, as well as the bully and the bully-victim. Schools, families, and communities are also negatively impacted; with compelling data suggesting bullying is associated with school-based violence and school shooters (6).

This newly updated online CE course assists mental health professionals to identify common forms of school-based bullying as well as assess developmental, causal and environmental risk factors and traits associated with bullies, bully-victims and victims. The short- and long-term sequelae of bullying on victims, as well as on bullies or bully/victims, are discussed. Prevention methods, anti-bullying interventions and other resources for students, parents and school staff are presented. Collectively, this information will enable psychologists, social workers, counselors and other allied health professionals working in this context to better prevent and/or detect bullying in school-age children and pro-actively and professionally intervene (e.g., 7).

Psychologists, social workers, counselors, and other allied health professionals can choose from [HFO's over 20 categories of continuing education](#) (CE) topics related to health psychology and behavioral medicine (i.e., ethics, cancer adaptation, women's health, cultural diversity, eating disorders, reproduction/sexuality, aging/gerontology, pediatric behavioral medicine, assessment, chemical dependency, chronic/acute illness, clinical intervention, group therapy, infectious disease, long-term care, neuropsychology, pain management, spirituality, LGBT issues) containing over 100 online CE courses that are fast, convenient and cost-effective. All HFO courses are available online or as downloadable PDFs. Participants print their own CE certificates and can review updates for free even after they have completed the CE activity and generated their CE certificate.

For more information on this course or a complete listing of titles in our online CE resource library, visit HealthForumOnline.com.

About HealthForumOnline:



Preventing Harm and "Bullycide" Through Psychological Theory, Assessment, and Intervention



School-wide anti-bullying programs and the recommended role of the mental health professional

HealthForumOnline.com (HFO) a nationally-approved provider of CE courses by the American Psychological Association, the National Board of Certified Counselors, the Association of Social Work Boards, and the New York State Education Department's State Board for Social Work. HFO's CE Program's Advisory Committee and authors are comprised of over 60 nationally-recognized experts in psychology and behavioral medicine.

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