

# Northern California Becomes the Home of the First Formal, Specialized Infidelity Counseling Training

*California marriage counselors are the first in line to be trained and certified in Systematic Affair Recovery Therapy (SART)<sup>™</sup>*

SACRAMENTO, CA, UNITED STATES, May 9, 2019 /EINPresswire.com/ -- Infidelity is a cross-cultural and prevalent phenomenon that impacts many couples around the globe. The devastating impact of affairs on couples and the social groups to which they belong was significant enough to warrant the development of laws, codes of conduct, and religious taboos to discourage its occurrence

throughout human history. However, despite the damage caused by infidelity, most marriage counselors feel ill-prepared to deal with this issue in a clinical setting. A recent survey of Marriage and Family Therapists found that a large majority of those sampled (74%) felt their



Dr. Talal H. Alsaleem, PsyD, LMFT teaching Systematic Affair Recovery Therapy (SART)<sup>™</sup>

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A survey of U.S. therapists revealed that therapists view infidelity as one of the most difficult therapeutic issues to treat, and its impact is seen as the most damaging to relationships.”

*Dr. Talal H. Alsaleem, PsyD,  
LMFT*

training programs had inadequately prepared them to deal with infidelity disclosure and treatment.

“I find it ludicrous that, as trained professionals, we are so ill-equipped to deal with such a devastating and prevalent clinical issue. This is one of the main reasons I developed Systematic Affair Recovery Therapy (SART)<sup>™</sup>. I wanted to give counselors a modality of treatment that was designed specifically to help couples and individuals heal from the trauma of sexual and emotional affairs,” says Dr. Alsaleem.

Dr. Talal H. Alsaleem is recognized as the leading expert in the field of infidelity counseling. He is

the author of the acclaimed book, [Infidelity: The Best Worst Thing that Could Happen to Your Marriage](#), and the founder of the [Infidelity Counseling Center](#). His research interests and clinical work are focused on identifying the causes of infidelity and providing the best treatment for recovery from its impact. As an international lecturer and speaker, he has helped many counselors gain the necessary clinical tools to help their clients recover from affairs. Dr. Alsaleem was featured in the Thrive Global series titled "[How to Write a Book that Sparks a Movement](#)."

SART™ was developed to provide counselors of all levels with a strategic and adaptive treatment method for helping couples heal from the trauma of sexual and emotional affairs. The clinical interventions in SART™ are based on extensive clinical work with couples dealing with infidelity and a comprehensive analysis of the academic literature in the field of infidelity counseling. The first SART™ practitioner's certification training is scheduled to launch in Roseville, CA, June 21-23. For more information about the training, visit: <http://talalalsaleem.com/june-2019-sart-training>.


Dr. Talal H. Alsaleem is on all social media platforms and encourages others to follow him for weekly Blog Posts and Monthly Facebook GoLive Events. Visit <http://www.TalalAlsaleem.com>.

Dr. Talal H. Alsaleem is available for speaking engagements, conferences, TV/news Infidelity Recovery Specialist, panel discussions, book signings. Please contact Angela Nelson of Illuminare Media at [media@TalalAlsaleem.com](mailto:media@TalalAlsaleem.com) or call 415-340-2183.

**3-Day Intensive Training**

## Systematic Affair Recovery Therapy

**(SART)™ Certificate Course 21 CE Units**



Featuring Leading Infidelity Recovery Expert  
**Dr. Talal H. Alsaleem, PsyD, LMFT**

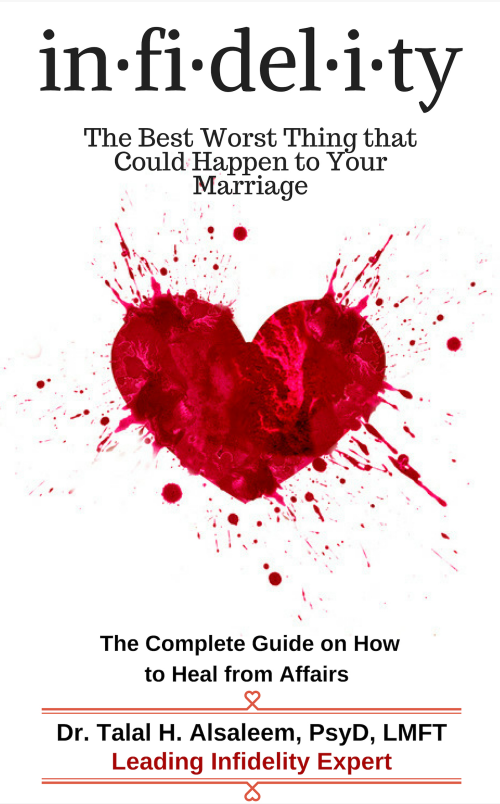
Roseville, CA  
Friday-Sunday June 21-23, 2019

**REGISTER NOW!** [TalalAlsaleem.com/trainings](http://TalalAlsaleem.com/trainings)  
Early Bird Rate ends May 21st

Practitioner's Training Certification 21 CEU's

**in·fi·del·i·ty**

The Best Worst Thing that  
Could Happen to Your  
Marriage



The Complete Guide on How  
to Heal from Affairs

Dr. Talal H. Alsaleem, PsyD, LMFT  
Leading Infidelity Expert

The Complete Guide on How to Heal from Affairs

For Media Inquiries, Contact:

Angela Nelson (PR Manager)

Illuminare Media

+1 415-340-2183

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