

Dr. Melinda Fouts of Success Starts With You to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- Only the tough decisions come to the CEO, and at the top levels, decisions are made quickly. If you make the wrong decision, you could look like a fool in front of your stakeholders; if you're afraid you'll look like a fool in front of your stakeholders, you could make the wrong decision.

Catching ourselves being triggered by stress is one of the hardest things to do, especially when there are important decisions to be made.

This is one of the biggest reasons why when you're at the top you should have a good coach: you don't have to worry about being judged or looking foolish. A coach can be a thought partner. A coach listens for what you might not be saying, listening to how your thinking is holding you back from coming up with the right solutions.



Dr. Melinda Fouts is the founder of Success Starts With You, an executive coaching practice dedicated to leadership development. Dr. Fouts offers executive coaching to individuals and corporate teams to heighten critical and strategic thinking, improve performance and develop leadership skills. You don't have to leave the comfort of your office because she coaches virtually.

"My clients are already successful, they're good at what they do, but most people overuse their strengths, which becomes a weakness," says Dr. Fouts. "When you don't cultivate new strengths, you limit your highest potential. So I bring greater self-awareness. I ferret out their blind spots for how to respond when triggered. The more you know yourself, the better manager you can be."

Dr. Fouts developed her niche in coaching after more than 20 years as a Jungian psychotherapist in private practice.

Today, Dr. Fouts's goal is to reach the untapped potential in her clients to help them achieve the results that they seek for personal and organizational advancement. Dr. Fouts believes that enhanced emotional intelligence, self-awareness, and a better understanding of the obstacles that may lay ahead will lead to career advancement as well as organizational and personal

success.

"I help my clients understand their box, which is comprised of belief systems, how they were raised, and their perspectives. Once again, people at this level have a hard time seeing outside of their box because it's what got them to be successful. As a coach, I see what they don't see: other possibilities, solutions, approaches, responses.

CUTV News Radio will feature Dr. Melinda Fouts in an interview with Jim Masters on May 14th at 12pm EDT.

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

For more information on Success Starts With You, visit www.successtartswithyou.net

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