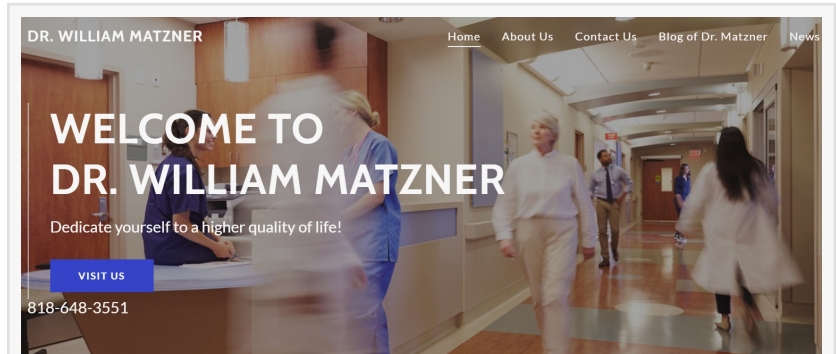


“Viral Infections” – explained by Medical Doctor & Researcher Dr. William Lee Matzner

A broad range of diseases, from relatively harmless to deadly, are related to viruses. Dr. William Matzner explains in a new article.

SIMI VALLEY, CALIFORNIA, UNITED STATES, May 13, 2019

[/EINPresswire.com/](http://EINPresswire.com/) -- Viruses are proliferating at an exponential rate. Every day, we hear of a new strand of viruses that emerge from other types of viruses. With just a little modification, we have a new viral infection altogether. Even though these infections have the same source i.e. the same virus, they might not have the same treatments and they definitely do not react the same way to vaccines. Of all the infections, viral infections are the hardest to work with due to different reasons.



Website of Dr William Matzner California

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Fortunately for many, there are vaccines available for a number of viruses today. Vaccines for the flu, common cold, chicken pox, and shingles, for example, are easily accessible.”

*Dr. William Matzner,
California (Healthcare
Analytics, LLC)*

Dr. [William Lee Matzner](http://www.drwilliammatzner.com) has published an overview article on this issue. The complete article will be published on the Blog of Dr. Matzner at <https://drwilliammatzner.blogspot.com>

Before discussing anything any further, let us start with what essentially viral infections are. Viral infections or viral diseases are developed when viruses or infectious virus particles, called virions, invade vulnerable, susceptible body cells. These viruses affect the body by attaching themselves to cells and mutating and infecting them.

Viral infections are of numerous types. While some are not very harmful, others can even lead to death. Common viral diseases include common cold, flu, chicken pox, shingles, fifth disease etc. Other, more serious viral diseases are HIV, Hepatitis, Ebola, and Zika etc.

The signs, symptoms, diagnosis, and treatment of each viral infection vary greatly based on the type of viral disease developed. For instance, the common cold, flu, and chicken pox all have similar signs symptoms like fever, body ache, headaches etc., while HIV symptoms differ significantly and are much more serious like vomiting, mouth and genital sores, skin rashes, and many more.

Similarly, the diagnostic techniques used for identifying every infection are also very different. For instance, for self-limiting viral diseases like the cold and flu, a few symptoms are enough to identify the cause. However, for infections like HIV, there are specialized test kits and blood tests that aim at identifying the infection by looking for the virus that caused it.

Treatments for the diseases like the cold, flu, chicken pox etc. generally focus on reducing symptoms of the infection, like antipyretics for fever reduction and painkillers for the body and headaches. However, for infections caused by more powerful viruses, stronger and more targeted, specialized treatments are required. For instance, non-steroidal anti-inflammatory drugs (NSAIDs) are needed for Zika virus. However, for dengue, treatments that are more complex are required.

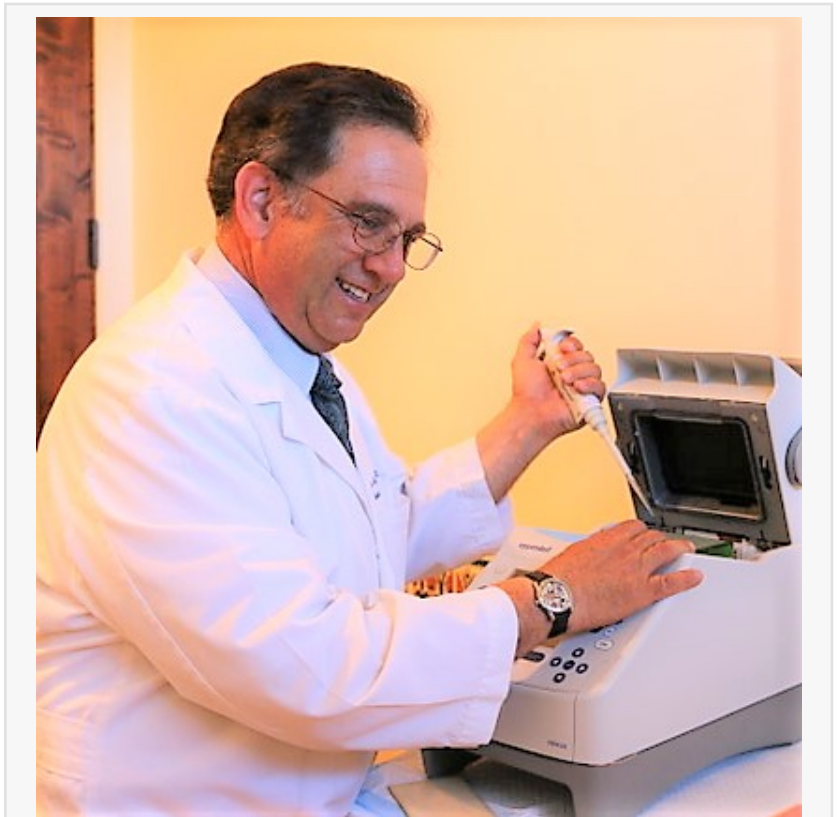
Fortunately for many, there are vaccines available for a number of viruses today. Vaccines for the flu, common cold, chicken pox, and shingles, for example, are easily accessible.

Precaution is needed in order to avoid most viral infections. Personal hygiene must be prioritized at all times. Practices such as washing hands as much as possible, getting yourself vaccinated against common viral diseases and avoiding physical contact with those infected is of utmost importance. In case you or anyone you know show symptoms of a viral disease, seek medical assistance immediately, advises Dr. Matzner.

About [William L. Matzner](#), M.D., PhD, FACP

Dr. [William Matzner](#) works in the area of healthcare economics consulting at Healthcare Analytics, LLC, in California. He graduated Phi Beta Kappa from Stanford University. He received his M.D. with Honors from Baylor College of Medicine. In 1988, he was the Solomon Scholar for Resident Research at Cedar Sinai Medical Center. Dr. Matzner subsequently was awarded a PhD in Neuro Economics from Claremont Graduate University. He is board certified in Internal Medicine and Palliative Medicine. He has researched and published extensively on the issue of reproduction and immunology in medical literature. He has been in private practice since 1989, specializing in Reproductive Immunology and Internal medicine.

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