

Dr. Hadi Rassael looks at latest cosmetic laser treatments

Physician Dr. Hadi Michael Rassael shares details of the latest laser skin resurfacing procedures.

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Cosmetic laser treatments and laser skin resurfacing, also known as laser vaporization, lasabrasion, or laser peels, are designed and developed to reduce the appearance of facial wrinkles, scars, and other blemishes. With the latest cosmetic laser treatment procedures now more effective than ever, well-respected

physician [Dr. Hadi Michael Rassael](#) looks at the benefits afforded to both patients and practitioners as the technology continues to evolve.



Dr. Hadi Michael Rassael

"The latest technologies offer entirely new levels of both efficacy and control in laser skin resurfacing, with this increased control, in particular, allowing previously impossible degrees of precision, essential when working in more delicate areas," explains Dr. Rassael, who's based in Montgomery County, Maryland, and caters to patients in and around the Chevy Chase area and entire DC metropolitan region.

Using beams of concentrated, pulsating light, practitioners such as Dr. Rassael use specialized laser devices to precisely remove individual, microscopic layers of damaged skin—called the epidermis—one at a time. "Further to removing visible damage, the process also stimulates the production of collagen fibers by the body," Dr. Rassael explains, "which results in a smoother, firmer appearance of the skin in the area or areas undergoing treatment."

Cosmetic laser skin resurfacing, laser vaporization, lasabrasion, or laser peels are intended to improve facial lines and wrinkles, particularly around the eyes and mouth, acne or chickenpox scars, liver spots, birthmarks, and sun-damaged and generally aging skin. "Cosmetic laser skin

resurfacing may also be utilized to address so-called 'non-responsive' skin following a facelift procedure," [adds Dr. Hadi Michael Rassael](#).

Between ablative and non-ablative cosmetic laser skin resurfacing procedures, two modern varieties of laser are commonly used, known as pulsing or continuous light beam carbon dioxide lasers, and erbium lasers, which may also be used on the neck, chest, and hands, as well as the face.

While treatment with carbon dioxide lasers may result in a total recovery time of more than one week, those undergoing less invasive erbium laser treatments should be fully healed within one week, according to Dr. Rassael, although, he points out, this may vary from one patient to patient.

"The latest cosmetic laser treatments are typically and most commonly carried out on an outpatient basis," he adds, wrapping up, "taking between 30 minutes and two hours to complete in most instances."

In practice for more than two decades, [Dr. Hadi Michael Rassael is](#) the founder of Millennium Medical, located in Friendship Village, Maryland. A particular expert on laser treatments, fillers, neuromodulators, non-surgical rejuvenation, and anti-aging treatments, Dr. Rassael also bears an industry-leading knowledge of liposuction, breast augmentation, abdominoplasty, hair transplantation, and facial plastic surgeries. To find out more, please visit <https://www.anythingcosmetic.com/>.

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