

Infectious Disease Doctor Vatsala S. Sastry to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- Infectious diseases, like hepatitis, influenza, and the measles are disorders caused by organisms such as bacteria, viruses, fungi or parasites. With millions of germs and microbes in the air infectious diseases can be harmless or life threatening. We can easily acquire infectious diseases from direct contact with another person or through food and water. For doctors diagnosing an infectious disease can be extremely challenging but one particular doctor has been a leader helping thousands of patients.

Dr. Vatsala Sastry is an exceptional infectious disease doctor for over 29 years.

"I absolutely never give up on my patients," says Dr. Sastry. "My job is to diagnose anything related to an infection. I'm not a "pill mill" doctor instead I make certain to methodically diagnose underlying causes and I steadfastly persevere no matter what obstacles and complications may exist. I'm resolutely determined to take exemplary care of each and every one of my patients."



According to Dr. Sastry the easy part is when patients exhibit a fever but at times when they don't show any symptoms doctors are left baffled and ill equipped to help their patients. When doctors cannot determine why their patients are not getting better that is when they seek out Dr. Sastry who provides excellent care in her top rate infusion center.

"Infectious diseases for the most part are diagnosable, treatable, readily available, and most of the time it's a reversible illness," says Dr. Sastry. "Every patient is different and I'm totally mindful of making sure the patient receives the most thorough treatment regardless of insurance and costs. I have prevailed over many insurance cases for my patients because my first priority is they get the best possible treatment."

Infectious diseases occurs more profusely when our immune system does not function properly when outside bacteria can gain access into our bodies. Fortunately, our bodies possess a remarkably strong immune system that is able to propitiously protect us, provided that we are healthy individuals.

"In order for people to maintain healthy immune systems they must also be mentally positive," says Dr. Sastry. "Suffering from depression negatively impacts our physical bodies. In order to prevent diseases it's also absolutely vital to eat healthy, exercise daily, avoid smoking and definitely limit your alcohol consumption."

It is essential for people to understand how looking after yourself properly keeps your cholesterol and blood sugar down boosting our immune system so bacteria cannot thrive.

"I encourage people to recognize how incredibly valuable they are in this world," says Dr. Sastry. "I strongly urge everyone to have the upmost love and respect for your body and learn how to keep yourself in the best possible shape so you can have the most purposeful life."

CUTV News Radio will feature Dr. Vatsala S. Sastry in an interview with Jim Masters on Thursday May 16th at 11 a.m. EST and Thursday May 23rd at 11 a.m. with Doug Lewellyn

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

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