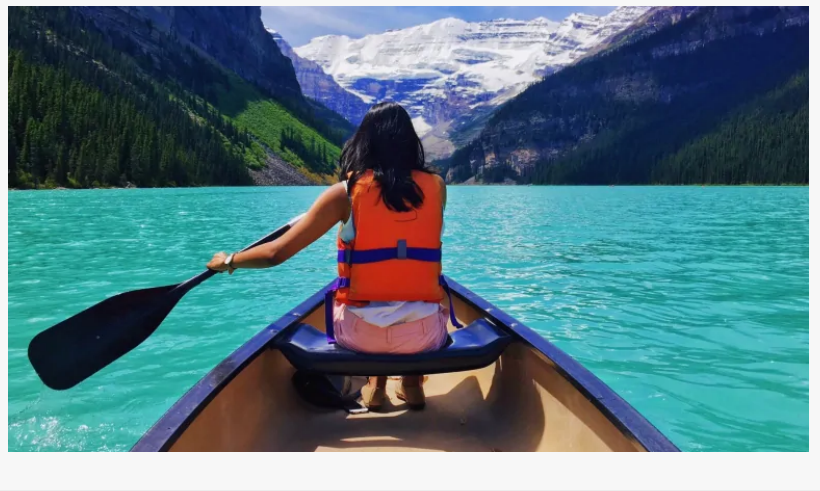


Craig Schoenfeld Recommends Top Canoeing Destination in the Upper Midwest

The Root State River Water Trail is the perfect place for canoeing, and Craig Schoenfeld is ready to explain why.

DES MOINES, IOWA, USA, May 20, 2019 /EINPresswire.com/ -- Those who live in the Upper Midwest region of the United States know just how beautiful the landscapes can be in the summer. The delightful weather draws outdoor enthusiasts to sparkling rivers and waterways for relaxation and recreation. Canoeing in particular, is an activity that can be enjoyed across all ages throughout life, and makes for a fantastic family getaway on the weekends.



[Craig Schoenfeld](#), a widely known politician and lobbyist in Iowa, promotes canoeing for its mental and physical health benefits. Spending time engaging in outdoor activities, like canoeing, can reduce stress levels, improve creativity, and even improve cardiovascular fitness. [Craig Schoenfeld has](#) seen these benefits in his personal life after canoeing through much of the region's waterways, and highly recommends visiting the Root River State Water Trail.

This beautiful water trail has very few riffles to navigate, although these areas are a great place to look for fish that enjoy living near the oxygenated water. Fish species that can be found in this river include but are not limited to crappies, sunfish, rough fish, smallmouth bass, brown trout, and channel catfish. Craig Schoenfeld notes that there are designated fishing areas for those who have a trout stamp. The Root River is also home to more than 40 different species of birds, so be sure to bring your binoculars!

A very gentle to moderate flow makes the Root River State Water Trail perfect for beginners and those who want to kick back and relax. [Craig Schoenfeld recommends](#) keeping an eye on seasonal weather and rainfall patterns, which affect water levels and intensity. You can expect to see beautiful pastureland in addition to rolling hills with cottonwood and maple trees.

The Root River State Water Trail is known for taking guests back in time as they view iconic landscapes and quaint towns along their journey through southeastern Minnesota. Craig Schoenfeld rates this a top destination due to the historical sights, available accommodations, and family atmosphere.

About Craig Schoenfeld:

With more than 20 years of experience, Craig R. Schoenfeld has worked as a lobbyist, political strategist, press spokesperson, and campaign operations manager for his clients. He has developed excellent relations with elected officials, business organizations, and activists in the

Midwest. His popularity as a lobbyist and multi-state grassroots organizer has grown tremendously throughout his career, which continues to prosper.

Craig Schoenfeld is also the president of CR3 Connect, one of Iowa's leading strategic advisory lobby firms. CR3 Connect specializes in designing and implementing strategies that build support, inform the public and public officials, educate and mobilize key constituencies.

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