

# Speaker, Author and Coach Samantha Ruth to be Featured on CUTV News Radio

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Samantha M Ruth is an inspiring professional. She has Bachelor's and Master's degrees in Psychology, which she obtained while living in Michigan. She is a licensed Psychologist in both Michigan and Colorado, where she currently lives. She practices in a way that is beyond therapy—it's unique and revolutionary, and focused on concepts like overcoming adversity and being your true self (not what family or society expects of you).

Samantha sees people as whole and beautiful, not sick or damaged, and supports them like an ally and coach. She guides clients with more than 20 years of professional experience, along with the experiences of her own life (which often brought challenges and change.) Samantha weaves in the philosophies of famed success coach Jack Canfield, and has had numerous training and speaking sessions with him.

Her practices evolved in a way that is so holistic, transformational and distinct, that the only label that could be applied is: The Ruthology Method.

"I think of my mission like the Japanese art of Kintsukuroi," Samantha says, "It's a technique that repairs objects like vases with a special gold lacquer, so that the result is even more breathtaking. Samantha actually does that as she coaches people toward meeting new goals, and living with greater stability, happiness and success.

Samantha continues to apprentice with Jack Canfield and co-authored a book with Kate Butler from his inner circle. Part five of the series Women Who Illuminate will be out in August, and Samantha has two books of her own slated for 2020 release. She very much loves to write and use journals, both with clients and for her own self-healing.

Samantha sure is ambitious. She just launched a new online support group, in which a small group of people will deal with their anxiety and related issues. And she created a non-profit foundation, Whole Lotta Love, to honor her husband James Lincoln Ruth. We applaud Samantha for achieving all this and more, and we look forward to talking about it together.

CUTV News Radio will feature Samantha Ruth in interviews with Jim Masters on Wednesdays on June 26th, July 10th and July 17th at 2:00pm EDT



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If you have questions for our guest,  
please call (347) 996-3389

For more information about Samantha  
Ruth please visit her new site  
<https://samantharuth.com/>

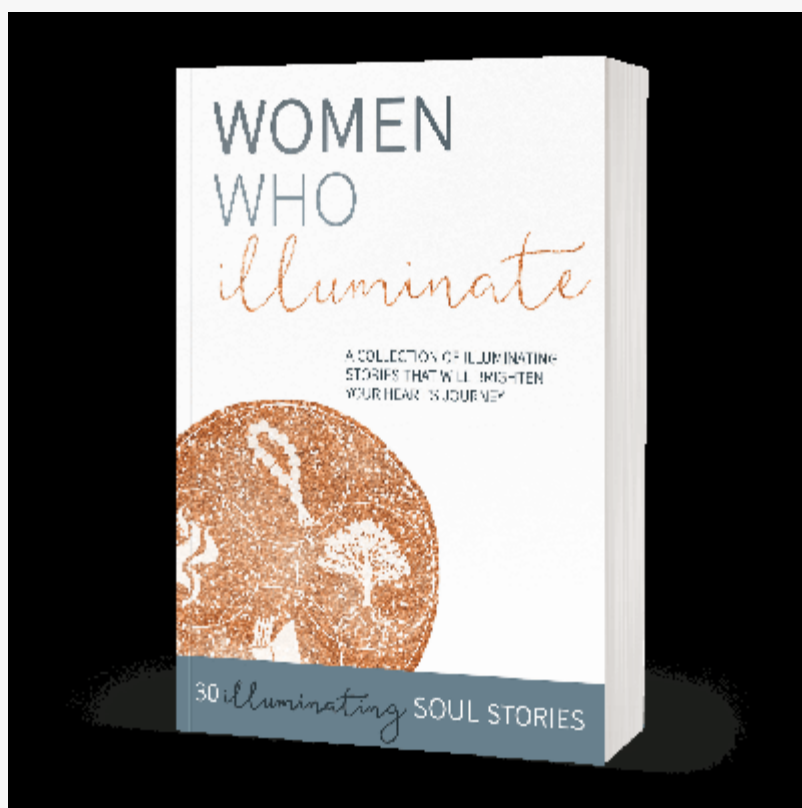
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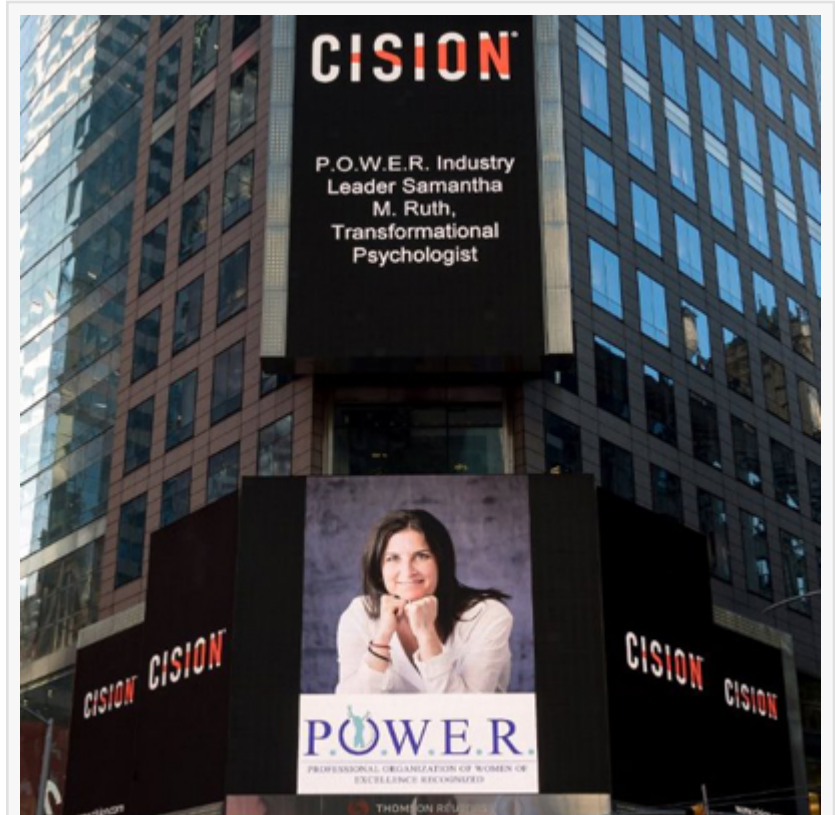
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