

## Eastern States Celebrate Men's Health in June

*Communities Across the Globe Honor Men's Health Month* 

WASHINGTON, DC, UNITED STATES, June 27, 2019 /EINPresswire.com/ -- In 2019, Mayors of the following cities in the Eastern region of the United States have issued proclamations celebrating men's health and fatherhood in June, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

## From Connecticut:

Mayor Jayme Stevenson of Darien, CT Mayor Marcie Leclerc of East Hartford, CT Mayor Peter Tesei of Greenwich, CT Mayor Curt Batzano Leng of Hamden, CT Mayor Daniel Drew of Middletown, CT Mayor Toni Harp of New Haven, CT Mayor Toni Harp of New Haven, CT Mayor Harry Rilling of Norwalk, CT Mayor David Martin of Stamford, CT Mayor Neil O'Leary of Waterbury, CT Mayor Shari Cantor of West Hartford, CT

From Maine: Chief Ralph Dana Of the Passamaquoddy Tribe Pleasant Point

From Maryland: Mayor Marc Elrich of Montgomery Co, MD Mayor Jacob Day of Salisbury, MD

From Massachusetts: Mayor Jasiel Correia of Fall River, MA Mayor Domenic Sarno of Springfield, MA Mayor Jeannette McCarthy of Waltham, MA

From New Hampshire: Mayor Jim Bouley of Concord, NH Mayor Joshua Bourdon of Derry, NH Mayor Jack Blalock of Portsmouth, NH

From New Jersey: Mayor James Davis of Bayonne, NJ Mayor Francisco Moran of Camden, NJ



June is Men's Health Month

Mayor Brad Cohen of East Brunswick, NJ Mayor John Labrosse of Hackensack, NJ Mayor Ravi Bhalla of Hoboken, NJ Mayor Victor DeLuca of Maplewood, NJ Mayor James Cahill of New Brunswick, NJ Mayor Ras Baraka of Newark, NJ Mayor Hector Lora of Passaic, NJ Mayor Reed Gusciora of Trenton, NJ

From New York:

Mayor Chad Lupinacci of Huntington, NY Mayor Samuel Teresi of Jamestown, NY Mayor Paul Dyster of Niagara Falls, NY Mayor Robert Rolison of Poughkeepsie, NY Mayer Lovely Warren of Rochester, NY Mayor Gary McCarthy of Schenectady, NY Mayor Mike Spano of Yonkers, NY

From Pennsylvania: Mayor Ray O'Connell of Allentown, PA Mayor Eric Papenfuse of Harrisburg, PA Mayor Frank Janakovic of Johnstown, PA Mayor William Peduto of Pittsburg, PA Mayor William Courtright of Scranton, PA

From Rhode Island: Mayor Allan Fung of Cranston, RI

From Washington, D.C: Mayor Muriel Bowser, DC <section-header><section-header><text><text><text>

Men's Health Week Celebrates its 25th Anniversary

Mayor Neil M. O'Leary of Waterbury, Connecticut stated that, "Connecticut has a statewide Fatherhood Initiative that promotes healthy lives and healthy family relationships. I commend the Men's Health Network for supporting all aspects of men's health nationwide."

Mayor Shari Cantor of West Hartford, Connecticut continued that, "West Hartford is proud to support Men's Health Network's mission of building public awareness around the importance of a healthy lifestyle, regular exercise, routine medical check-ups and preventative health practices such as early detection for everyone."

The importance of this effort was also highlighted by a statement from the White House.

Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing. The life expectancy for men is five years less than women, and men also have higher rates of death from cancer, diabetes, and heart disease. Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men.

Report cards on the status of male health in each state can be found at the State of Men's Health website. Proclamations from every state be found at <u>www.MensHealthMonth.com</u>

"We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year's men's health awareness period," said Ana Fadich, MPH, CHES, Vice President, Men's Health Network, "communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year's awareness period will help men and their families be more mindful of their health starting with a doctor's appointment."

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, and other interested organizations help plan activities and events that focus on men's health during June, and throughout the year. On June 15, MHN encourages participation in using the #ShowUsYourBlue hashtag on social media where participants raised awareness about men's health issues by Wearing BLUE.

For ideas and free resources in both English and Spanish, visit <u>www.MensHealthMonth.org</u>

This year also marks the 25th anniversary of the establishment of National Men's Health Week, as part of the larger awareness period of Men's Health Month. The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men's Health Month and Men's Health Week are organized by Men's Health Network MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at <u>www.menshealthnetwork.org</u> and follow them on Twitter @MensHlthNetwork and Facebook at <u>www.facebook.com/menshealthnetwork</u>. For more information on MHN's ongoing Dialogue on Men's Health series, visit <u>www.dialogueonmenshealth.com</u>

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