

# Colorado, Idaho, Montana, Utah, and Wyoming Celebrate Men's Health in June

*Communities Across the Globe Honor Men's Health Month*

WASHINGTON, DC, UNITED STATES, June 27, 2019 /EINPresswire.com/ -- In 2019, Mayors of the following cities in the Rocky Mountain region of the United States have issued proclamations celebrating men's health and fatherhood in June, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

From Colorado:

Mayor Marc Williams of Arvada, CO  
Mayor Marsha Berzins of Aurora, CO  
Mayor Suzanne Jones of Boulder, CO  
Mayor Stephanie of Piko Centennial, CO  
Mayor Michael Hancock of Denver, CO  
Mayor Heidi Williams of Thornton, CO

From Idaho:

Mayor Steve Widmyer of Coeur D'Alene, ID  
Mayor Tammy De Weerd of Meridian, ID

From Montana:

Mayor Joe Purcell of Hardin, MT

From Utah:

Mayor Richard Brunst of Orem, UT  
Mayor Jackie Biskupski of Salt Lake City, UT

From Wyoming:

Mayor Charles Powell of Casper, WY  
Mayor Pete Muldoon of Jackson, WY  
Mayor Tim Kaumo of Rock Springs, WY

Mayor Marc Williams of Arvada, Colorado stated that, "With men living five years less on average than women, it is important that all sons, fathers and grandfathers take advantage of proactive health options so that they can continue to be productive family members and contributors to our communities."

The importance of this effort was also highlighted by a statement from the [White House](#).



Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing. The life expectancy for men is five years less than women, and men also have higher rates of death from cancer, diabetes, and heart disease. Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men.

Report cards on the status of male health in each state can be found at the State of Men's Health website. Proclamations from every state be found at [www.MensHealthMonth.com](http://www.MensHealthMonth.com)

"We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year's men's health awareness period," said Ana Fadich, MPH, CHES, Vice President, Men's Health Network, "communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year's awareness period will help men and their families be more mindful of their health starting with a doctor's appointment."

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, and other interested organizations help plan activities and events that focus on men's health during June, and throughout the year. On June 15, MHN encourages participation in using the #ShowUsYourBlue hashtag on social media where participants raised awareness about men's health issues by Wearing BLUE.

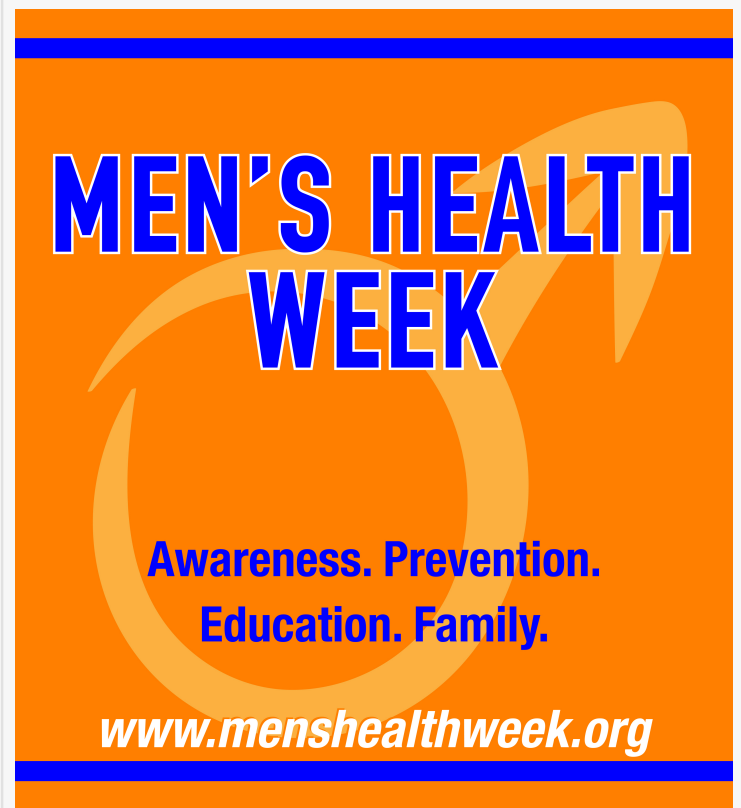
For ideas and free resources in both English and Spanish, visit [www.MensHealthMonth.org](http://www.MensHealthMonth.org)

This year also marks the 25th anniversary of the establishment of National Men's Health Week, as part of the larger awareness period of Men's Health Month. The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men's Health Month and Men's Health Week are organized by Men's Health Network (MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) and follow them on Twitter @MensHlthNetwork and Facebook at [www.facebook.com/menshealthnetwork](http://www.facebook.com/menshealthnetwork). For more information on MHN's ongoing Dialogue on Men's Health series, visit [www.dialogueonmenshealth.com](http://www.dialogueonmenshealth.com)

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**MEN'S HEALTH WEEK**

**Awareness. Prevention.  
Education. Family.**

[www.menshealthweek.org](http://www.menshealthweek.org)

Men's Health Week Celebrates its 25th Anniversary

The graphic features a large, stylized number '25' in the background, with the text 'MEN'S HEALTH WEEK' in bold blue letters at the top. Below it, the tagline 'Awareness. Prevention. Education. Family.' is written in blue. The website URL 'www.menshealthweek.org' is at the bottom in white. A white banner at the very bottom contains the text 'Men's Health Week Celebrates its 25th Anniversary'.

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