

Alaska, California, Hawaii, Nevada, Oregon, and Washington Celebrate Men's Health in June

Communities Across the Globe Honor Men's Health Month

WASHINGTON, DC, UNITED STATES, June 28, 2019 /EINPresswire.com/ -- In 2019, Mayors of the following cities in the Western region of the United States have issued proclamations celebrating men's health and fatherhood in June, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

From Alaska:
President Benjamin Kamkoff
of the Village of Kotlik
First Chief Michael Stickman
of the Nulato Village Council
President John Changsak
of the Igurmiut Traditional Council

From California:
Mayor Emily Gabel-Luddy of Burbank, CA
Mayor Donald Wagner of Irvine, CA
Mayor Robert Garcia of Long Beach, CA
Mayor Rusty Bailey of Riverside, CA
Mayor Darrell Steinberg of Sacramento, CA
Mayor R. Carey Davis San Bernardino, CA
Mayor Sam Liccardo of San Jose, CA
Mayor Lisa Gillmor of Santa Clara, CA
Mayor David Terrazas of Santa Cruz, CA
Mayor Rob McCoy of Thousand Oaks, CA
Executive Director Joun Alexander
of the M.A.C.T. Health Board
Chairperson Sherry Treppa
of the Habematolel Pomo of Upper Lake

From Hawaii:
Mayor Kirk Caldwell of Honolulu, HI

From Nevada:
Mayor Debra March of Henderson, NV
Mayor Ronald Smith of Sparks, NV



From Oregon:
Mayor Lucy Vinis of Eugene, OR
Mayor Ted Wheeler of Portland, OR
Mayor Christine Lundberg of Springfield OR

From Washington:
Mayor Louis Janke of Colville, WA
Mayor Jon Nehring of Marysville, WA
Mayor Victoria Woodards of Tacoma, WA
Mayor McEnergy-Ogle Vancouver, WA

The importance of this effort was also highlighted by a statement from the White House.

Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing. The life expectancy for men is five years less than women, and men also have higher rates of death from cancer, diabetes, and heart disease. Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men.



MEN'S HEALTH WEEK

**Awareness. Prevention.
Education. Family.**

www.menshealthweek.org

Men's Health Week Celebrates its 25th Anniversary

Report cards on the status of male health in each state can be found at the State of Men's Health website. Proclamations from every state can be found at www.MensHealthMonth.com

"We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year's men's health awareness period," said Ana Fadich, MPH, CHES, Vice President, Men's Health Network, "communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year's awareness period will help men and their families be more mindful of their health starting with a doctor's appointment."

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, and other interested organizations help plan activities and events that focus on men's health during June, and throughout the year. On June 15, MHN encourages participation in using the #ShowUsYourBlue hashtag on social media where participants raised awareness about men's health issues by Wearing BLUE.

For ideas and free resources in both English and Spanish, visit www.MensHealthMonth.org

This year also marks the 25th anniversary of the establishment of National Men's Health Week, as part of the larger awareness period of [Men's Health Month](http://www.MensHealthMonth.com). The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men's Health Month and Men's Health Week are organized by Men's Health Network (MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork

and Facebook at www.facebook.com/menshealthnetwork. For more information on MHN's ongoing Dialogue on Men's Health series, visit www.dialogueonmenshealth.com

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