



Free End of Life Doula Trainings to be Given in New York City September 28th and October 26th 2019

Experienced Hospice and Oncology Nurse Suzanne B. O'Brien will hold Community Workshops to teach families how to care for their loved ones at the end of life

NEW YORK, NEW YORK, UNITED STATES, September 24, 2019 /EINPresswire.com/ -- International Doulagivers Foundation is offering free [End of Life Doula](#) Level 1 Family Caregiver Trainings to teach family members and community volunteers the skills of how to care for the dying once again. The lack of this knowledge and skill has a great deal to do with the enormous level of dysfunction, fear and difficult end of life experience we are having today. Empowering families to once again have these skills will be a major factor in having end of life go well and help shift the culture of death to the natural, supported experience it once was. A hundred years ago this was a skill that grandmothers handed down to grandchildren. In our society today, it is all but lost. This lack of understanding has contributed to a deep rooted cultural fear of death that is making end of life a thousand times harder than it has to be. The Doulagivers Level 1 End of Life Doula / [Death Doula Training](#) has been successfully used by thousands of people in over eight countries. The main goal of Doulagivers is to share this knowledge with anyone who would like to have it. It can mean the difference between a positive end of life and one that does not go well.

BABY BOOMER NUMBERS ARE ALARMING: We have 76 million people over the age of 65 years old in the United States at this moment. Twenty percent of them do not have their own children. We have a huge need for communities to become involved in the volunteer work with the care and compassion necessary to ensure that everyone can have a peaceful end of life experience. The Doulagivers Level 1 Training is designed so that anyone and everyone can understand the basic end of life processes and how to suggest and offer comfort to families and patients throughout these processes.

Suzanne B. O'Brien RN believes that it is imperative that everyone has the basic knowledge to offer support within their families and communities at this precious last phase of life. If everyone can contribute a little bit of time and compassion, it relieves so much burden from the caregivers and families so that facilitating a good death for every end of life patient around the world becomes possible.

"9/10 people polled said that if they were terminally ill they would want to be cared for at home, yet more than half are dying in the hospital or some other institution." - NHPCO Gallop Poll 1996

ABOUT SUZANNE B. O'BRIEN RN:

Suzanne B. O'Brien RN is the proud Founder and Creator of the award-winning program Doulagivers: End of Life Doula Training, Eldercare Doula Training, and Doulagiver Care Consultant Training. Awarded "Worldwide Leader In Healthcare" by the International Nurses Association for creating Doulagivers, she is also an end of life educator, consultant and author of the #1 International Bestselling book, "Creating Positive Passings & End of Life Doula Level 1 Caregiver Training (2015) — a guide to learning the invaluable skills of how to care for someone at the end of life."

Suzanne is the former Vice President and founding member of the NEDA [National End of Life Doula Alliance](#) which is a 501c6 Nonprofit Business League for End of Life Doulas.

UPCOMING FREE WORKSHOP DATES NEW YORK CITY:

SEPTEMBER 28th, 1pm-4pm

OCTOBER 26th, 1pm-4pm

All live trainings will be held at 2 West 64th Street, New York, NY - Tickets are free and are available at www.doulagivers.com

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