

Essential Fatty Acids Market - Global Industry Analysis, Size, Share, Trends, Growth and Forecast 2019 - 2023

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[Essential Fatty Acids Market 2019](#)

Market Overview

Essential fatty acids, sometimes abbreviated as the EFAs are the fatty acids which human being and some animals needs to ingest since our body requires the to maintain a good health. These are the fatty acids which are not synthesized within our body. Hence, to meet the demand of fatty acids, manufacturers over the world have introduced supplements and foods that are rich in essential fatty acids. Here the EFAs term refers to all the varieties of fatty acids need for promoting biological processes. It however, does not include the fats which only act as the fuel.

Market Segment by Top Manufacturers, this report covers

BASF

FMC

Dow

Koninklijke DSM

Enzymotec

Croda

Omega Protein

Aker BioMarine

Polaris

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The biological effect of these acids are seed when they form lipid rafts and in that process, affect the cellular signaling. They also act on the human or animal DNA and promote the activation or the inhibition of transcription process in the chromosome. The omega fatty acids are classic eicosanoids too, for they affect cell inflammation and certain other cellular factors. They also make lipoxins that are a group pf derivates which are formed through cell pathway and they promote cell metabolism. They also affect a persons' mood and regulate their behavior at some extent.

Some of the major sources of essential fatty acids are shellfish, fish, leafy vegetables, sunflower seeds, pumpkin seeds, walnuts, hemp seeds, soya oil, flaxseed oil, and chia seeds. They are also available as supplements that can be taken.

Market Segmentation

EFAs or essential fatty acids is often confused as essential oils, which is different. As of now, only two fatty acids are called as an essential fatty acid for human consumption. These are the omega-3 fatty acids or alpha-linolenic acid, the omega-6 fatty acid or linoleic acid. There are a

bunch of EFAs available for extra fat resource, and they can be termed as a conditionally essential fatty acids, which means that they can be called essential under certain conditions, depending on how healthy or unhealthy a person is. They can be essential under some development diseases. Some conditionally essential EFAs available in global market are gamma-linolenic acid and docosahexenoic acid.

Regional Overview

Global essential fatty acid's market can be chiefly classified into six main regions, mainly Asia-Pacific, North America, South America, Africa, Asia and Middle East region. In Asia, highest demand is in India, China, Indonesia, Pakistan, Maldives, Nepal, Afghanistan, Sri Lanka and Bangladesh. In Middle-East region, highest demand for the product is in Egypt, Iraq, Algeria, Bahrain, Comoros, Lebanon, Libya, Mauritania, Djibouti, Jordan, Kuwait, Morocco, Oman, Palestine, Qatar, Tunisia, the Saudi Arabia, Somalia, Sudan, Syria, United Arab Emirates and Yemen. In Africa, high demand rate is in the following order: Ghana, Liberia, Benin, Cape Verde, Egypt, Ethiopia, Gabon, Kenya, Algeria, Lesotho, Liberia, Libiya, Chad, Burungi, and South Africa.

Industry News

A study reported that after minerals and vitamin, and proteins, fish oil containing omega-3 fatty acids is rated as one of the most widely consumed supplement in America and Australia.

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