

## Saint Peter's University Hospital Selects VOX Telehealth to Support Enhanced Recovery After Surgery (ERAS) Initiatives

Empowering Patients as Collaborative Partners in Their Care

PRINCETON, NJ, US, December 10, 2019 /EINPresswire.com/ -- Saint Peter's University Hospital, located in New Brunswick, New Jersey, has partnered with VOX Telehealth, a leader in the development of episodespecific, remote patient management programs, to further facilitate its Enhanced Recovery After Surgery (ERAS) program. Beginning within its Obstetrics and Gynecology



Department, VOX's FemmeCare for C-Section and FemmeCare for Hysterectomy Programs will empower patients to be collaborative partners in their preoperative preparation and recovery from surgery.



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Attila Kett, MD, chair of the Department of Anesthesiology

The strategic partnership enables Saint Peter's University Hospital, an acute care teaching hospital within the <u>Saint Peter's Healthcare System</u>, to strengthen its ERAS program and advance the quality of care provided to patients.

"At Saint Peter's University Hospital, our mission is to provide the highest quality, patient-focused care, and experience," said Attila Kett, MD, chair of the Department of Anesthesiology. "We recognize that providing appropriate education, coordination and real-time connectivity throughout a patient's treatment is imperative. VOX's platform has unique capabilities that drive patient compliance in a manner that is superior to other platforms we have seen."

The initial programs, VOX FemmeCare for C-Section and VOX FemmeCare for Hysterectomy, provide preoperative education, coordination and pre-screening assessments to make sure that each patient is prepared for their surgical procedure and monitors each patient throughout their recovery through daily symptomatic observations and a corresponding alert escalation and notification system. Additionally, in coordination with Dr. Kett, VOX has incorporated opioid-sparing tools that include an assessment for potential misuse, a shared decision-making tool that reduces the number of prescribed pills at the time of discharge, and a tracking system to ensure that consumption is in line with a patient's pain score.

"VOX solutions not only empowers the patient throughout his/her care but also gives providers a transparent view into the compliance characteristics and condition of their patient," said Dr. Kett.

"Additionally, integrating these unique opioid-sparing tools allows our physicians to focus on reducing the use of narcotics for pain management following surgery; providing better long-term outcomes for our patients."

## About VOX Telehealth

VOX Telehealth is redefining the patient experience and recovery model for all major surgical episodes. Through a state-of-the-art platform, VOX delivers procedure-specific, full episode-of-care engagement solutions that provide education, coordination, and monitoring through industry-leading content, proprietary SmartTasksTM and a customizable alert escalation and notification system. Engaging the patient throughout their pre-op phase, as well as through transition of care and recovery, patients are connected and accountable, leading to greater satisfaction, improved outcomes, and reduced cost of care. To learn more, visit <a href="https://www.voxtelehealth.com">www.voxtelehealth.com</a>.

## About Saint Peter's University Hospital

Saint Peter's University Hospital, a member of Saint Peter's Healthcare System, is a 478-bed acute-care teaching hospital sponsored by the Roman Catholic Diocese of Metuchen. Saint Peter's is a state-designated children's hospital and a regional perinatal center with a Level III Neonatal Intensive Care Unit, and is a regional specialist in diabetes, gastroenterology, oncology, orthopedics, and women's services, including the delivery of 5,400 newborns each year. The hospital offers a midwifery service and the new state-of-the-art Mary V. O'Shea Birth Center. Saint Peter's is a sponsor of residency programs in obstetrics and gynecology, pediatrics and internal medicine, and is a major clinical affiliate of Rutgers Biomedical and Health Sciences. Visit <a href="https://www.saintpetershcs.com">www.saintpetershcs.com</a> or call 732-745-8600.

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