

# SAN DIEGO ENTREPRENEUR LAUNCHES NEW BOOK TO HELP YOU GET THINGS DONE

*Leverage the trifecta of action, energy and focus to stay on track and get things DONE*

SAN DIEGO, CA, USA, December 9, 2019 /EINPresswire.com/ -- SAN DIEGO--[Productivity](#) expert, TEDx speaker and consultant Ellen Goodwin of San Diego has launched her first book this week: "DONE. How to Work When No One is Watching." Goodwin's turbo-charged approach is ideal for anyone wishing to create positive change in their lives.

Through the course of a successful career as an advertising creative, Goodwin has developed systems for personal productivity and now shares the tools and strategies to overcome procrastination and build stronger work habits. Goodwin's work specializes in making productivity solutions easy to work with in every type of situation.

"I share ways to harness your brain to make a significant difference in your daily accomplishments," says Goodwin. "After reading my book, you'll understand how to leverage the trifecta of action, energy and focus to stay on track and get things DONE!"

Following a successful career on the creative side of advertising, Goodwin has continuously researched and grown her work into a successful consulting practice working with entrepreneurs and individuals to increase their productivity. She delights in sharing her secrets with her audiences and clients through keynotes, corporate training and coaching.

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*Ellen Goodwin*

“99.9 percent of the greatest ideas in the world never come to fruition because people don't act on their ideas,” says author, ADHD Podcaster and keynote speaker Peter Shankman. “Read this book! ‘DONE!’ is a must-read!”

“DONE. How to Work When No One is Watching,” is available for purchase through Amazon.com as a paperback book or for Kindle. It is available now through

Amazon or via [www.ellengoodwin.com](http://www.ellengoodwin.com) with several purchase options and productivity bundles available. Worksheets and other support materials are also available as downloads through Goodwin's website.

# DONE

HOW TO WORK  
WHEN NO ONE  
IS WATCHING

**ELLEN GOODWIN**

*"Ellen has written a masterful guidebook packed with encouraging step by step action plans to tame your inner critic, let go of perfectionism and build habits that actually last. By the time you finish you will understand how to finally get out of your own way so you can enjoy your new life as someone who consistently gets things DONE!"*

— ERIN MATLOCK, Author, *Worth It*

Done!

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