

# Living My Illusion the Winner of 14 Global Film Awards is like “Making a Murder” Documentary, but For Your Marriage

*Setting a New Trend, Living My Illusion, the Award-Winning Documentary Series Encourages Viewers to Speak Our Truth & Face the Emotional Toll.*

LONDON, LONDON, CITY OF, UNITED KINGDOM, January 22, 2020 /EINPresswire.com/ -- We are accustomed to live our lives according to what others think of us. With passing time, we become people pleasers and start to live our lives within the boundaries of other people's expectations of you.

Inspiring viewers to self-reflect, listen and address relationship conflicts, life's adversity, anxiety and stagnancy likely blighting their personal and professional lives, Living My Illusion documentary series truly breaks new ground by authentically capturing Joel's

life coaching transformational journey with Tony J. Selimi, an internationally renowned Elite Life Coach, Human Behavior Specialist, Award-winning Author of #Loneliness, the 2019 Book Excellence Winner, Mentor and Spiritual Teacher to Celebrities, CEO's, Successful Entrepreneurs, Politicians, members of Royal Family, Millionaire's and Influencers from all walks of life.

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Allowing unconditional love to radiate from your heart is all you need to create the military commander that helps you win every battle of life.”

*Tony J. Selimi*

life.

The protagonist, Joel amid midlife crisis, through Selimi's skilful life coaching techniques, he starts to get underneath the emotions to find the real problem so that he can overcome alcohol addictions, depression, diffuse relationship conflicts, address stress coming from being a business owner with ease and build the happiness and prosperity he so deeply craves.

The documentary shows people how to see the unseen in ways they didn't know possible,



Amazon Prime Launch of Living My Illusion Episode One The Truth Hurts

## Episode One: The Truth Hurts

In a fast-paced Facebook/Instagram/Twitter world everyone thinks Joel has made it. But when he invites human behaviour expert Tony J. Selimi to be his Life Coach, a journey of self-discovery reveals shocking truths about his behavioural patterns, leading to a life-transforming decision that changes the course of his and his family's

amplify people's awareness and ultimately as they acknowledge their inner truth to help them take decisive action so they too can break free from addictions, fears, and the cocoon that is stopping them from living a fulfilled life. But the message of the documentary goes beyond Joel's, and Timea's story says Selimi. Violence, abuse, and control issues that are happening in every person's relationship impact their children, family, their professional and business life and the wider community. By addressing it, many side effects can be prevented, thus living a more balanced, healthy and peaceful life says Selimi, the co-creator of Living My Illusion.

In his heart, he is confident that because of the message it carries, Living My Illusion documentary series will touch the hearts of Billions of people. Selimi has appeared on over 500 Radio and TV stations across the world including recent interviews by Ian Pelham-Turner, the award-winning Royal Correspondent, Jack Canfield and Brian Tracy. And for OXYGEN with Besim Dina, Afternoon on Top Channel Albania, Rudina Magjistari for RTV Klan, AlsatM, Koha TV, Klan Kosova, MTV Albania, London Albanian TV, on SKY, ABC, NBC, CBS and FOX reaching over 100 million viewers, listeners and readers worldwide.

The documentary is of tremendous value to people who find themselves in toxic relationships, maybe single and want to attract a co-loving relationship and for people who may have been separated and looking to find happiness in their next relationship. Selimi dedicated this documentary to all of the people globally who may be suffering in silence afraid to speak their inner truth, and are on a personal development journey to maximise their human awareness and potential. Our vision is to produce documentaries of Selimi's coaching clients transformation stories that raise awareness on issues such as mental health, identity crisis, midlife crisis, leadership challenges, intimacy, migration and refugees life challenges, etc., that move people into taking decisive action.

The upcoming episode of Living My Illusion documentary series "The Ghost of You" currently being edited, invites the viewer to not only look at the post-separation emotional rollercoaster that followed after what happened in episode one but also shows us the ups and the downs of



Team Living My Illusion Wins a Documentary Award at Cardiff International Film Festival with AnnaLynne McCord an American Hollywood Actress, Joel and Timea Van der Molen and Bestselling Author Tony J. Selimi

### ABOUT TONY JETON SELIMI



Tony J. Selimi is an award-winning author, internationally well-sought business mentor, transformational life coach, filmmaker, visionary and one of the world's leading human behaviour authorities specialising on the psychology of personal and business success, breaking through perceived limits and attaining higher levels of achievement, energy and success. He teaches people how to create quantum leaps by empowering their social, spiritual, physical and relationship life, grow their business, improve their finances, elevate their mental and emotional well-being.

His mission impossible life journey formed Tony into a teacher whose life-transforming TJSMethod: ALARM™ and business optimising principles are embraced by Fortune 500 CEOs such as Microsoft, SAP, Deutsche Bank, Bank of America, EGY, Vandercom, Gaya Cards, Amec Foster Wheeler and people from all professions including MBA graduates, entrepreneurs, coaches, authors, scientists, doctors, politicians, global leaders, lords, royalty, millionaires, billionaires, and celebrities. Organisations hire him to inspire their employees, tackle leadership, performance and financial related issues, resolve conflicts, improve sales, business processes, speak on mental health, power of inclusion, diversity and teach them how to engage, empower and elevate their leaders and teams, thus improving efficiency, profits, productivity and the overall company culture and wellbeing.

People from all professions book private consultations to help them overcome addictions, fears, depression, phobias, procrastination, low-self esteem, dissolve relationship conflicts and focus people's time and mental faculties on the things that matter - > then the most. Selimi teaches people how to reduce stress, increase their business acumen, make better choices and decisions, improve their quality of life, create a healing mindset, financial success and a healthy work-life balance.

Based on his own life's transformation, he wrote the five times #1 Amazon International best-selling book A Path to Wisdom and multi-award-winning #1Loneliness, in which he shares how people can turn every adversity into powerful lessons and a tool that they can use to upgrade their mindset and consciously re-engineer their reality. His upcoming book A Path to Excellence is to be published in 2020 alongside releasing further episodes of Living My Illusion, his multi-award-winning real-life coaching documentary series he co-created with Joel and Timea Van der Molen.

As an international speaker and consultant he has spoken at the stages of UN, TEDx, London Business Show, EBW2020, Migrant Women, Yes You Can, Quantum Leap, Animax Coaching Institute, Sterling Business Network, Rotary Club International, Asset House Management, Leadership Conferences, Cranfield School of Management, private dinner functions, awards ceremonies, and Mind Body Spirit Events. Selimi has been featured on many global magazines and appeared on over 500 TV/Radio stations across the world including being interviewed by Ian Pelham-Turner, an award-winning Royal Photographer and Royal Commentator, Rudina TV Klan, Besim Dina for Oxygen TV, Jack Canfield and Brian Tracy for ABC, NBC, CBS, FOX, SKY and their affiliates reaching over 50 million plus viewers, listeners and readers worldwide.

Selimi's parents, Shaqir and Lirijvije Selimi, instilled within him a great work ethic and the importance education plays in creating a more just and peaceful world. His dad always called him "Diamond". In honour of the inspiration from his parents, Tony is now on a mission to teach his transformative method to elevate the lives of one billion people of all nationalities, creeds and colours, so they become purposeful and disciplined masters of themselves and dedicated leaders who support the UN 17 Sustainable Development Goals and collaborate in creating the blueprint to achieve a better and more sustainable future for all.

He is known for leaving people feeling elevated, fulfilled, inspired, loved and with a sense of inner peace.

[tonyselimi.com](http://tonyselimi.com)

### Tony J Selimi Biography

transforming inexplicably when relationship adversity hits us. As the protagonists coaching journey continues, Selimi guide's them both into finding cohesive ways to heal their wounds or divorce with love.

To arrange an interview, please contact Alma Stasel at [info@tonyselimi.com](mailto:info@tonyselimi.com).

Living My Illusion is available to watch on Amazon Prime from <http://bit.ly/LMIAmazon>.

Author's official website: <http://tonyselimi.com>

For press pack and more information visit [www.livingmyillusion.com](http://www.livingmyillusion.com)

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