

# At Home Health Care: How to Get Your Senior to Accept In-Home Care

*Mom or Dad or another lives at home alone and you fear for their wellbeing. Comfort Keepers shares ways to talk to them about at home health care services.*

GEORGETOWN, TX, UNITED STATES, February 3, 2020 /EINPresswire.com/ -- Advice to Get Your Senior to Accept At Home Care

How do you know when it's time for some extra help around the house for your elderly loved ones? This is not a conversation one wants to have, but it is needed when you see a loved one struggle to maintain life at home. If your loved one is not as capable of living independently at home as they age you know they need help. You have tried speaking with them before but they avoid the topic. Whether you think your loved one needs for a few hours a day or even around the clock coverage, you struggle and search for answers. You have searched for the answers and found that [at home health care](#) Georgetown Tx can help. Now how do you tell them? Though not easy, your loved one will be appreciative of how much you care and having this difficult conversation.



## Explaining options for at home health Care for seniors

Many senior citizens have a hesitancy to accepting senior care or any in home care for that matter. For them, getting this type of help could mean that you no longer trust them to live in their home. They may automatically think that you are trying to put them into an assisted living facility or even a nursing home taking them away from the home they love. Luckily, you explain all of the options available to help them stay in their homes safely. You explain the role of an at home health care worker.

These caregivers are called many things you explain, but home health care aides can provide your loved one with as little or as much help as they need. Telling your loved one the truth, that you are worried about their health and safety can allay the fear that you just want them out of their home. them. give the help needed to senior citizens in their very own home, thanks to in-home caregivers. Having made this realization may open their mind to accept this new change in their life.

When bringing up in-home care, it is essential to discuss with your loved one what exactly they may need help doing. Whether it may be a task that has become difficult such as doing the laundry or having someone be there to set out their medications for the day, these are tasks that

could be handled by a caregiver. Having company for a short walk around the block, hygiene care, or having assistance in light housekeeping is just a couple of more examples of the home care services that we offer from our comfort keepers.

### They Can Still Live Independent Lives

Another way to help your senior accept in-home care is to assure them that they can still live the same life they have been and in their home. Yes, caregivers can be at service for up to 24 hours but they can also be there as little as needed. You tell your loved one that he or she can still wake up in their own bed and have their daily routine except they will have help. No more struggling with laundry, cooking meals, cleaning or even grocery shopping you explain. They won't need to go up and down the stairs doing chores.

Accepting help from others may not be easy for them.

Our parents raised you to be an independent individual, so accepting help from a stranger is foreign to them. You explain how they will make sure they are taking medicines, that they can drive you to the doctor or even a hairstylist. You also explain that this person will be an extension of you. Allowing you to stay at work versus driving Mom or Dad to that doctor and that it is good for you. Finally, you explain that the caregiver will help them live at home longer. With someone in the home with them, they may stay out of hospitals. They can worry less.

### Getting all of the information in their Hands

Share resource material with your loved one. Provide them with all the information available about caregivers and their duties. Part of being able to accept something that seems unfamiliar is easier for your loved one once they have all the information and their questions are answered. Explain that there is technology available from the in home care agency to help them when no one is with them at home.

It has never been easier to have a conversation about accepting in home care solutions, as well as assuring your senior that all the help they may need can be provided to them in their home. At Comfort Keepers in Georgetown, Tx, we want to work with you to give the elderly citizen in your life their possible best life. Call Comfort Keepers today and get an in home assessment of the health care services available to your loved one.

Aron Collins  
Comfort Keepers Georgetown  
+1 281-978-2600  
[email us here](#)

---

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2020 IPD Group, Inc. All Right Reserved.