

David Crawford, MD, Releases New Expert Blog Site on the Psychiatric Field

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NEW ALBANY, OHIO, UNITED STATES, March 5, 2020 /EINPresswire.com/ -- DAVID CRAWFORD, MD, RELEASES NEW EXPERT BLOG SITE ON THE PSYCHIATRIC FIELD

Individuals who wish to find out more about dealing with psychiatric issues or breaking into the field can now access a brand-new blog website by psychiatrist David Crawford, MD.

The new website, which can be found at http://www.davidcrawfordmd.com/, touches on psychiatry in general as well as the important subtopics of mental health, substance abuse, and adolescent psychology.

Crawford said he created the website with the goal of providing a broad look at the field of psychiatry while also diving into specific aspects of it, as psychiatry is a constantly evolving and society-changing field. Research shows that behavioral and mental problems are on the rise, and psychiatric services can play a key role in helping to address these problems to improve people's quality of life long term.

THE FIELD OF PSYCHIATRY

On the new website, David Crawford, MD, explains that psychiatry focuses on diagnosing and treating mental health issues, emotional disorders, and behavioral disorders. He also explains that psychiatry treatment providers, or psychiatrists, can be licensed medical doctors or doctors of osteopathic medicine. These professionals engage in talk therapy, also known as psychotherapy, and also prescribe medication as needed.

According to Crawford, each patient's unique needs determine how often he or she must undergo psychotherapy. If a patient is primarily receiving medication rather than participating in talk therapy, his or her psychiatrist might simply monitor how the patient is progressing via follow-up appointments.

MEDICATION OPTIONS

The new blog website also offers online users a peek at the various types of medications that psychiatrists may prescribe to patients with different needs. For instance, anti-depressants, stimulants, mood stabilizers, or hypnotics may prove helpful for patients who have chemical imbalances in their brains.

According to David Crawford, MD, anti-depressants are particularly helpful for patients suffering from obsessive compulsive disorder, post-traumatic stress disorder, eating disorders, or panic disorder. Meanwhile, an anti-psychotic medicine may be helpful for a patient dealing with schizophrenia, hallucinations, or bipolar disorder. Also, anxiolytics and sedatives may help people suffering with anxiety and insomnia.

ADDITIONAL PSYCHIATRY INFORMATION

David Crawford, MD, furthermore uses his new blog website to provide online users with tips regarding receiving and providing psychiatric services. For instance, they can learn about the top

reasons to visit psychiatrists. In addition, they can receive pointers on the best times to see psychiatrists. The site also explains the difference between psychiatry and psychology for those interested in getting into either field.

Crawford's chief goal with the new site is to encourage more people to embrace psychiatry services, whether they are a provider or recipient of them, in the months ahead.

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