

My Grief Angels is Launching New Free English and Spanish COVID19 Grief Support Virtual Group Meetings

My Grief Angels, a Guidestar Platinum Non-Profit, is Launching Coronavirus Grief Support Virtual Groups for the 500,000 to 1,200,000 Who May Soon Be Grieving

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/EINPresswire.com/ -- On Tuesday of this week, after watching the emotional interview of a Salt Lake City LatinX father who had just lost his 24 year old daughter to coronavirus, a group of volunteers from the [My Grief Angels](#) non-profit communicated thru texts, video and phone on what could be done to help grieving families like the family of Utah's [youngest COVID19 victim](#). The result of those virtual communications and brainstorming is a new public service initiative to provide free daily English and Spanish language virtual grief support group meetings for the grieving families and friends of people who have died from the coronavirus.



“

Top officials predict 100,000 to 240,000 COVID19 deaths, and if we assume 5 grieving survivors per death, that's between 500,000 to 1,200,000 Americans facing grief and a new grieving process in weeks”

Augusto Failde, Author & Developer of the “Grief MOOC”

The schedule on the free multilingual groups is now available on the new site [GriefSupportOnline.com](#), and the first virtual group meetings are set to launch this weekend. The initial groups will be offered at 12 noon (EST) in Spanish and 1pm (EST) in English daily to allow for the various USA time zones. In an effort to make these accessible to individuals and households who may have limited internet access, the video conferencing platform Zoom was chosen for its greater reliability with lower internet speeds. Participants can join the virtual meetings via their desktop, tablet or cell phones.

The new free COVID19 Grief Support site, [GriefSupportOnline.com](#), also includes English and Spanish videos for tech-friendly and non-tech friendly participants on how to use the free video conferencing tool for the first time and how to participate in these groups. In addition, a section highlighting examples of how grief and our grieving processes are being impacted by this deadly virus is also shared on the new site.

About My Grief Angels:

My Grief Angels, a Guidestar Platinum Level 501(c)(3) public charity, is an online grief support

community for and by people grieving and helping each other by leveraging new technologies to find the latest resources, education, information and shared experiences on grief, including: How grief can impact our health; How have others coped with their grief and grief attacks; How have others put their grief in motion; How to turn grief into something positive; What are the resources available for our type of loss, and more. In addition to launching the Grief MOOC - one of the first Massive Open Online Courses ("MOOC") on Grief, the non-profit's projects have included the free "Coping With Loss" & "Grief Support Network" mobile apps and the "Good from Grief" Book.

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COVID19 GRIEF SUPPORT HOME COVID19 & GRIEF HOW TO VIDEOS VOLUNTEERS NEEDED CONTACT US

Free English and Español
Grief Support Video Group Meetings
For & By People Grieving During the Coronavirus Pandemic

CHECK CALENDAR BELOW & CLICK ON SCHEDULED
ONLINE GRIEF SUPPORT VIDEO GROUP MEETINGS IN ENGLISH OR SPANISH

A Free Bilingual Online Public Service Initiative By My Grief Angels

COVID19 Grief Support Virtual Group Meetings By My Grief Angels

COVID19 GRIEF SUPPORT HOME COVID19 & GRIEF HOW TO VIDEOS VOLUNTEERS NEEDED CONTACT US

GRIEVING IN THE TIME OF COVID19

COVID-19 and the Grief Process
"What happens to our differences when our experience is shared? Today we are all grieving. We are grieving the loss of our freedoms, a predictable future, the lives and roles left behind in our communal rush away from the coronavirus."
<https://www.psychologytoday.com/us/blog/love-and-sex-in-the-digital-age/202003/covid-19-and-the-grief-process>

"Amid the chaos, take time to grieve our collective losses. If you have ever lost someone you loved, you know the feeling of seeing the world through a bank teller's glass. You observe other people laughing and enjoying their day, but you are apart from them, separated by a thick, bulletproof barrier. You wonder how they can savor that plate of pasta or play music that loud, given what's happened"
<https://www.theatlantic.com/deas/archive/2020/03/the-grieving-world/609013/>

"Grieving alone: Coronavirus keeps Rochester woman from mourning late father with family. Miller is now grieving her father's death alone, in quarantine"
<https://13wham.com/news/local/grieving-alone-coronavirus-keeps-rochester-woman-from-mourning-late-father-with-family>

"He died by himself." As Connecticut's coronavirus death toll grows, families forced to grieve in isolation. "He died by himself, surrounded by only the kindness of the doctors and nurses."
<https://www.courant.com/coronavirus/hc-news-coronavirus-victims-20200328-qb0baqam7dmjn72ey9a665y-story.html>

COVID19 Grief Support Online's Section on The New Grieving Process

This press release can be viewed online at: <http://www.einpresswire.com>

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