

Date-Rape, Suicide-Inducing Drug FDA-OK'ed to Treat Suicidal Ideas

CCHR increases monitoring of FDA approval of nasal spray antidepressant & mental health apps that could raise psychiatric drug use, leading to increased suicide

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/EINPresswire.com/ -- The Food and Drug Administration (FDA) has approved a variant of the anesthetic and party date-rape drug, ketamine, as a quick-acting antidepressant nasal spray for people with suicidal thoughts. The manufacturer has made claims that the drug, esketamine, can reduce depressive symptoms in as little as four hours.[1] However, the drug's listed side effects include increased suicidal thoughts or actions and worsening depression.[2] The mental health industry watchdog, [Citizens Commission on Human Rights International \(CCHR\)](#) says "the FDA is out of control in approving a potential suicide action-inducing drug to prevent suicide."



CCHR increases its monitoring of FDA approval of nasal spray antidepressant and mental health apps that could increase psychotropic drug use, leading to increased suicide. Latest drug approved is queried over date-rape and suicide allegations.

The group said it is also monitoring FDA fast tracking approval of mental health devices and apps in the wake of the current health crisis, which could lead to increased prescriptions of antidepressants and other psychotropic drugs, with significant risk to Americans. The manufacturer of the nasal spray's research and discovery division in China has partnered with a Singapore-based digital therapeutics company to explore the development of a digital mental health strategy in China. CCHR is concerned this could extend to the U.S., where digital apps can lead to [psychotropic drug](#) prescribing.

The FDA approved the supplemental new drug application for adults with major depressive disorder "with acute suicidal ideation or behavior," while the manufacturer's release admitted that there is no evidence of effectiveness in preventing suicide or in reducing suicidal ideation or

behavior.

An April 2020 article published in *Frontiers in Psychiatry* on “intranasal esketamine,” proposed the drug be prescribed for suicidal ideation even though the author admitted it “may potentially be associated with the risk of addiction.” The author declared conflicts of interest with the manufacturer and four other pharmaceutical companies.[3] Another researcher, a professor of psychiatry at Yale University, was involved in the studies leading to the FDA approval and has consulted for the pharmaceutical manufacturer.[4]

Esketamine, like ketamine, can cause changes in blood pressure and heart rate, as well as out-of-body experiences for an hour or so after it is administered.[5] Potential serious risks are because of its molecular similarity to ketamine, a “club” and “date rape” drug that can cause disassociation, meaning victims enter a state in which they feel as if their mind and body aren’t connected.[6] There are reports of it also inducing “psychosis-like” effects.[7] Esketamine is also associated with cognitive performance decline.[8]

CCHR says the current virus and health scares are being milked to advocate for more psychiatric funding and treatment, which often translates into more psychotropic drug prescriptions. “It inevitably results in mind-altering drugs that may numb out the very real emotional problems that come with such devastating situations as being faced now, but it cannot correct the source of these situations,” CCHR said, adding, “It’s done under the guise of a ‘mental health crisis’ or ‘pandemic fallout.’”

This has historically occurred. For example, with the “Spanish” influenza of 1918–19, came with what psychiatrists called a widely recognized psychiatric phenomena: “psychoses of influenza.”[9]

Today, in the wake of current social chaos, psychiatrists have already cited surges in requests for new anti-anxiety prescriptions and longer refills on existing ones.[10] To address what it called “mental health needs” during this chaos, in April, the agency announced it would relax certain premarket requirements for computer programs and mobile apps designed to support treatment of certain psychiatric conditions.[11] The FDA has also approved the use of prescription apps. CNBC reported the most popular mental wellness apps were downloaded 4 million times in April, up almost 30% since the pandemic began.

It’s a lucrative market. In a recent *Nature Digital Medicine* study, researchers found 1,435 mental health apps available in the app stores.[12] The global mental health apps market is expected to reach \$3.9 billion by 2027.[13]

Add to that, Medicare has lifted restrictions over telepsychiatry to enable delivery of “mental health services” without the need for office visits. “There is a general lift of restrictions and loosening of regulations in the mental health industry that opens the door to fraud and abuse, especially when increasing prescriptions for antidepressants and, now nasal spray

antidepressants. This takes advantage of people naturally stressed and anxious about mandated regulations and economic survival right now," CCHR warned. The global telepsychiatry market is a financial goldmine, it says, expected to reach \$36.3 billion by 2027.[14]

CCHR says the psychiatric-pharmaceutical industry is profiting from the current crises and without accountability for its past failures. It says greater monitoring is needed to evaluate links between a less regulated industry, increased psychiatric drug apps influencing prescription increases and potential concomitant rise in suicide.

CCHR is a mental health watchdog responsible for more than 180 laws that protect patients from damaging psychiatric practices. DONATE to support its work here:

<https://www.cchr.org/cchr-donate/>

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