

Manischewitz & KOSHER.COM Partner To Present New Menus & Recipes That Are A Delicious Update on Traditional Holiday Food

Handy High Holiday Pantry Checklist Insures You Have Everything You Need to Create a Delectable New Year Meal

BAYONNE, NEW JERSEY, UNITED STATES, September 15, 2020 /EINPresswire.com/ -- The folks at [KAYCO](https://www.kayco.com) and kosher.com are longtime fans of healthy, multicultural meals that are as easy to make as they are delicious. And when the High Holidays approach, we're always inspired to find some fabulous, family-friendly new dishes for an unforgettable Rosh Hashanah table.

Entrees

Apples and Honey Mustard Chicken, from the popular Peas, Love & Carrots* cookbook, captures the essence of Rosh Hashanah on a platter. The honey-mustard sauce is a beautiful companion for the chicken, which is baked with apples and finished with a crunchy Panko topping.

Pomegranate Braised Beef, another highlight from Peas, Love & Carrots*, puts a sweet-tart spin on a holiday classic. Deglazed with hard apple cider, the meat cooks in a flavorful sauce starring pomegranate syrup to ensure a sweet new year.

Make an exotic salmon recipe with Danielle Renov's show-stopping Tahini and Tamarind Glazed Salmon with Kadaif Topping, (Peas, Love & Carrots) finished with fresh pomegranate seeds. A nest of ultra-thin kadaif noodles (think baklava) tops it all off for a crispy, golden crunch.

Fish

Citrus Teryaki Salmon is a great entrée for non-meat eaters and a wonderful alternative to the classic gefilte fish appetizer. Best of all, it couldn't be easier to make (Kosher.com).

Soups

Soymilk is the secret to a dairy-free Creamy Carrot Soup that will bring a rich, healthful, and colorful splash to the holiday table.

Anyone from the American south knows black-eyed peas, but did you know Jewish tradition says that eating them on Rosh Hashanah can increase your good luck in the New Year? Sausage, Black-Eyed Pea and Swiss Chard Soup is a hearty way to ensure good fortune and eat your greens at the same time.

Sides

Pastrami Leek Galette? Yes, you read that right. Leeks are another traditional symbolic food for Rosh Hashanah. Sautéing pastrami with mushrooms and leeks cooks the veggies down to their caramelized essence. The savory, thyme-scented filling bakes right inside the dough for an elegant presentation.

This Ashkenazic Roasted Tzimmes keeps it traditional, simple, and light. In this updated version, a bit of ginger adds a subtle, warm kick while fresh mint offers an herbaceous finish.

Desserts

Thanks to a few shortcuts, nobody has to know how easy it is to make these unique and oh-so-decadent desserts. Caramel Apple Halva Babka bakes up on frozen challah dough, while Apple Bourekas with Silan-Sesame Drizzle calls for frozen puff pastry squares and apple pie filling.

More Rosh Hashana Recipes: <https://www.kosher.com/recipes/rosh-hashanah>

KAYCO'S HIGH HOLIDAYS CHECKLIST:

Fresh

Brisket

Chicken

Salmon

Sausage

Apples

Pomegranates

Carrots

Leeks

Pastrami

Mushrooms

Frozen

Kadaif (ultra-thin noodles)

Kineret Frozen Challah Dough

Puff Pastry Squares

Heaven and Earth Riced Cauliflower

Gefen Frozen Garlic

Gefen Frozen Ginger

Pantry

Zeta Extra-Virgin Olive Oil

Haddar Tahini by Baracke

Gefen Apple Pie Filling

Galilee Organic Silan (date syrup)

[Manischewitz](#) Beef Broth

Gefen Honey

Raisins

Tamarind Concentrate

Pomegranate Syrup

Jeff Nathan's Panko Crumbs

Gefen Unflavored Soymilk

Hard Apple Cider (such as Appellation)

Black-Eyed Peas

*Excerpted from Peas Love and Carrots by Danielle Renov. Copyright 2020 by ArtScroll Mesorah Publications, photos by Moshe Wulliger. Reproduced with permission of the copyright holder. All rights reserved.

Vicki G Jakubovic

VICKIGJ PR

+1 973-519-8926

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/526288087>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2020 IPD Group, Inc. All Right Reserved.