

# Pandia Health Launches in Arizona for Prescription Birth Control Telehealth & Delivery

*The only doctor-led, women-led, women-founded birth control delivery company to help women live their healthiest lives; English and Spanish-speaking physicians*

TUCSON, ARIZONA, UNITED STATES, September 24, 2020 /EINPresswire.com/ -- The COVID-19 pandemic is quickly reshaping every aspect of our lives, including the way healthcare is delivered. While telehealth has been around for many years, the pandemic has accelerated interest and use in the service as a safer, faster, and more convenient healthcare option.

However, getting birth control has been difficult for many women, especially minorities. A June 2020 report from the [Guttmacher Institute](#) reported that 29 percent of white women, 38 percent of Black women, and 45 percent of Hispanic women were having a tough time accessing birth control. And in Arizona, almost 500,000 women live in areas without reasonable access to health care centers and nearly 13 percent of Arizona women don't have health insurance (compared to 11 percent nationwide).

Now, a new birth control telehealth company is rolling out in Arizona with the goal of making life easier and healthier for women. [Pandia Health](#) is the only women-founded, women-led, doctor-led birth control delivery company. Founded in Silicon Valley in 2016, the service is now available in Arizona, offering services in English or Spanish, with local physicians operating the state-wide office. The expert and passionate physicians at Pandia Health offer asynchronous online telehealth consultations for birth control prescriptions of the pill, patch, or ring and Pandia Health provides free delivery of the birth control pill by USPS. Asynchronous means that you can fill out the needed information 24/7. It's roughly 20 questions, the same questions that the



Dr. Eve Shapiro, a Pandia Health physician based in Tucson.

physicians would ask you if you came into their offices. All they need is a blood pressure measurement from the past year, a government ID, and a photo.

"Pandia Health brings birth control to wherever you have the Internet and a mailbox," said Dr. Eve Shapiro, one of Pandia Health's physicians with more than 30 years of experience, based in Tucson. "I joined Pandia Health because birth control access is an issue throughout Arizona and I want to help women access the care and medicine they need to live a productive and successful life."

The medical professionals at Pandia Health believe women shouldn't have to worry about running to the pharmacy each month to get the medicine and care they need. Here's what patients can expect:

Pandia Health now open in Arizona for birth control delivery telehealth for women.



- Care from local birth control expert physicians who really understand women's reproductive/sexual health and the geographical healthcare concerns.

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*Dr. Eve Shapiro*

- Convenient, reliable, and confidential asynchronous telehealth for only \$20 once a year, wherever you have Internet and a mailbox. No need to wait in line. English and Spanish-speaking physicians and patient care advisors.

- Easy and quick online registration and instant online chat (during business hours) with Pandia Health service agents.

- Smart and passionate expert birth control physicians who provide cutting-edge, evidence-based healthcare, resulting in fewer side effects.

- Never having to worry about running out of birth control again or the stress of trying to pick it

up at a pharmacy.  
#PandiaPeaceOfMind

- Free delivery by USPS

As the leader of the only physician-led company in birth control delivery, Pandia Health's CEO/Co-founder Dr. Sophia Yen said, "I'm the only CEO who has taken the Hippocratic Oath. Do No Harm. At Pandia Health, we will always tell you what's best for your health, even if it doesn't benefit our bottom line. We don't want to push products on you that you don't need, or that aren't best for you."



Pandia Health birth control comes right to your mailbox.

Pandia Health has put together a group of expert birth control physicians and customer service agents passionate about providing excellent care and educating women. In addition to telehealth, they offer Facebook Live chats weekly in Spanish and English and on Tuesdays at 5 p.m. and 5:30 p.m. Mountain Time respectively, answering some of the most asked sexual health questions: <https://www.facebook.com/pandiahealth/videos>.

To learn more about Pandia Health or how you can get started, visit [www.pandiahealth.com](http://www.pandiahealth.com), email [support@pandiahealth.com](mailto:support@pandiahealth.com) or call (650) 437-1213.

#### About Pandia Health

Pandia Health is the only doctor-founded, women-founded, women-led birth control delivery company. Pandia Health offers telehealth and birth control delivery. Sophia Yen, M.D., M.P.H., co-founded Pandia Health in 2016 and is passionate about making women's lives easier, preventing unplanned pregnancies, and educating women about reproductive health, including how make #PeriodsOptional. Pandia Health makes women's lives easier by providing a one-stop shop for recurring medications, starting with birth control. From affordable telehealth to prescription fulfillment and medicine delivery, Pandia Health is reinventing the way patients get their prescriptions medication.

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