

Sustain Our Abilities hosts Day for Tomorrow event on Climate Change & Disability

Youtube live show October 4th shares events on five continents highlighting the issues of persons with disabilities

BIRMINGHAM, AL, UNITED STATES, October 2, 2020 /EINPresswire.com/ -- People with disabilities and the elderly are disproportionately affected by the Covid-19 pandemic and will be disproportionately affected by climate change. The organization [Sustain Our Abilities](#) is focused on education regarding disasters and climate justice for people with disabilities and the elderly. October 4th, [Day for Tomorrow](#) is a time to ensure that people are able to sustain their abilities despite disasters and the climate crisis. Join their annual event on YouTube.



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Sustain Our Abilities creates climate justice at the intersection of climate change and disability and we are powered by love.”

Marcalee Alexander, MD

On October 4th at 9 am central time, Sustain Our Abilities, a US 501c3 company located in Birmingham, Alabama will host the first 5-continent live-streamed event focused on climate change and disabilities on the Sustain Our Abilities [you tube](#) channel. The show will be moderated by Marcalee Alexander, MD, the organization's founder and president along with David McMillan, PhD, post-doctoral fellow at the University of Miami Miller School of Medicine and Maya Newman, MD, MBA, fellow at Seattle Children's

Hospital and the University of Washington. Special guests include Byron Burford-Phearse, world-renowned pianist and Michael McGinn, former mayor of Seattle and CEO of Walk America.

The program will begin with a demonstration of moving Qi Gong and then transition to a presentation for children about climate justice by the organization Spring Forward from Boston, Massachusetts. Next stops will be India where temperature extremes and a developing economy

creates some of the most vulnerable people and Bangladesh, well known to be one of the countries most vulnerable to climate change. We will then move to sub-Saharan Africa and hear about how climate change where the drying up of Lake Chad and extreme temperatures is impacting persons living with disabilities in Nigeria and Tanzania where Mt. Kilimanjaro is losing its snows.

Europe is the next stop on our journey. We will hear from presentators in the Mediterranean country of Greece and the move up north to Norway to see how a hospital system has embraced sustainability. We will then move to the Americas to Seattle where Maya Newman interviews Michael McGinn about Resilient Places: What Works and Doesn't. Argentina is our next stop followed by a trip up and down the Atlantic Coast from New Brunswick, Canada to Miami and Puerto. Each presentation will highlight some local aspect of disasters, climate change and how professionals and persons with disabilities are responding.

Next there will be "An Interlude of Hope" a piano presentation by Mr. Burford-Phearse and we will end with morning in Tokyo and hear about Japan's system to assist persons with disabilities.

Originally called Telerehabilitation International, the organization's name was changed to Sustain Our Abilities in 2020, as a signature organizational response to the pandemic was the develop the Sustain Our Abilities YouTube channel in April 2020. The channel has quickly grown and has over 150 volunteers around the world, 1.32 K



DAY FOR TOMORROW October 4

A Round-the-World Celebration of Working Together to Conquer the Impacts of Climate Change on Disability
Brought to you by the volunteers of Sustain Our Abilities
with special guests
Byron Burford-Phearse & Michael McGinn
(CENTRAL TIME)

- 9.00** Moving Qi Gong & history of Day for Tomorrow
- 9.30** Spring Forward: An interactive program for kids on climate justice from Cambridge, Massachusetts
- 10.30** Excessive heat & no air conditioning: A view from India
- 11.00** Living with a disability in Bangladesh: Ground zero for climate change
- 11.30** Insights into climate change from Nigeria
- 12.00** Kilimanjaro & Tanzania: A need for action
- 12.30** The challenges of living with a disability in Greece
- 1.00** A model for sustainability in health care in Norway
- 1.30** The importance of a liveable outdoor space, wherever you are: Mike McGinn
- 2.00** The view from the south: Argentina & South America
- 2.30** Up & down the Atlantic Coast from Canada to the Caribbean
- 3.30** An interlude of hope: Byron Burford-Phearse
- 4.00** Monday in Japan: Another method to respond to disasters

Day for Tomorrow 2020 program



DAY FOR TOMORROW

join us at the intersection of
DISABILITY & CLIMATE CHANGE

October 4th, 2020

sustainourabilities.org

Our annual poster

subscribers to the channel and 48 educational videos available. The videos which are designed to be viewed by both consumers and general professionals target both general education about disability related topics and the particular issues of disasters and disability. The organization has particularly chose youtube as a platform because of its ability to subtitle the videos in many languages.

“Sustain Our Abilities takes a Star Trek view of the Earth. We believe all people on the earth deserve access to health education in all languages and we believe in using the internet and technology to break down these barriers. We believe health care needs to become more green. Sustain Our Abilities creates climate justice at the intersection of climate change and disability and we are powered by love,” says Alexander, organization founder and president.

To sign up for the free event you can go to <https://www.eventbrite.com/e/day-for-tomorrow-2020-tickets-121075164075> or you can go directly to https://www.youtube.com/channel/UCqtL5Ua105tqD-dxwyODdsw?view_as=subscriber, subscribe and watch the event this Sunday. Additionally if you want to volunteer for Sustain Our Abilities you can do so here <https://www.sustainourabilities.org/become-a-volunteer> and you can donate to the cause here <https://www.sustainourabilities.org/make-a-donation>.

For more information please contact
Marcalee Alexander, MD
malexander@sustainourabilities.org

Marcalee alexander
Sustain Our Abilities
+1 775-343-9322
[email us here](#)

Visit us on social media:
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