

PARADE Magazine Surprises Readers With A Crash Course on Narcissism

Narcissists thrive in our culture. But they don't have to ruin your life. Beloved magazine offers a life-saving guide to Narcissistic Personality Disorder.

LOS ANGELES, CALIFORNIA, USA, October 7, 2020 /EINPresswire.com/ -- Parade Magazine, beloved by its readers for heart-warming stories, simple recipes and bits of juicy celebrity gossip, surprised its readers last week with a potent piece on the destructive potential of Narcissistic Personality Disorder (NPD). It must be a sign of the times. Drawing on the expertise of many authors, including Julia Sokol, Steven Carter, Eleanor Payson, and Denna Babul. Parade did a no-holds-barred presentation of NPD, leaving little to the imagination. Both helpful and clear, the magazine gives a kind warning to those in the grips of a narcissist's seduction: Don't expect miracles, don't expect magic, don't expect kindness, and don't expect anything to change. You can read the full article here: <https://parade.com/1085357/marynliles/how-to-deal-with-narcissist-in-relationships/>

The piece from Parade makes so much plain: the traits of a narcissist, the patterns of a narcissist, the emotional tools of a narcissist, and how to protect yourself from the overwhelming seduction and hurt. It also spells out something crucial: How do you know when it's time to walk away from a narcissistic partner for good. Wow. All of this insight from Parade Magazine? Right now they are sounding as profound and insightful as Psychology Today!

Do you think you're involved with a narcissist? Your partner...your friend...or your boss? If this piece from Parade Magazine has started your wheels spinning and ignited your desire for help, they recommend the following books to learn even more: [Help! I'm in Love With a Narcissist](#) (Carter/Sokol), [Love Strong](#) (Babul), and [The Wizard of Oz and Other Narcissists](#) (Payson). Talking to a therapist would also be a great plan!

Of course, not every difficult person is a narcissist, and many bad relationships are driven by factors other than narcissism. Being informed and aware is crucial. But if you are suffering in a relationship right now, or still trying to understand why a past love failed, the more you know about NPD the more empowered you will be.

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