

# Vertava Health of Ohio Hosts Professional Skateboarder/ Author Brandon Novak During Substance Abuse Prevention Month

*Brandon Novak joins Vertava Health for a candid conversation about how he went from earning millions to losing it all in the grips of a heroin addiction.*

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[VERTAVA HEALTH](#) HOSTS PROFESSIONAL SKATEBOARDER/ AUTHOR [BRANDON NOVAK](#) DURING SUBSTANCE ABUSE PREVENTION MONTH

[Vertava Health of Ohio](#), a leading provider of treatment and recovery services for substance use and behavioral disorders welcomes professional skateboarder, MTV Celebrity and New York Times best-selling author, Brandon Novak as our featured speaker for National Substance Abuse Prevention Month.

Novak joins Vertava Health of Ohio for a candid conversation about his recovery journey on October 15, at 11 a.m. EDT. Tune in to our Facebook page for the livestream.

“As a skateboarder, I was fixated on testing my boundaries, but this was my way of fooling myself into feeling in control. Soon the addiction and lifestyle grew to consume me. I was a dream seller. I sold those who loved me their dream that I was a recovering addict,” said Novak in his book, *Dreamseller: An Addiction Memoir*.

According to the Centers for Disease Control nearly 72,000 Americans died from drug overdoses



  
**BRANDON NOVAK**  
MTV Celebrity, New York Times Best-Selling Author, and Professional Skateboarder  
**Brandon Novak** joins Vertava Health of Ohio for a candid conversation about his recovery journey.  
**WHERE:** Vertava Health of Ohio  
**WHEN:** Thursday, October 15th, 2020  
**TIME:** 11:00 a.m. est.  
*Join Us!*  
“As a skateboarder, I was fixated on testing my boundaries, but this was my way of fooling myself into feeling in control. Soon the addiction and lifestyle grew to consume me. I was a dream seller. I sold those who loved me their dream that I was a recovering addict.”  
  
 Tune into our Facebook page for the Live Stream.



We know that Brandon Novak's story will inspire our patients. After 25 years of battling addiction he was finally able to get sober and find a new purpose, helping others find sobriety."

*Area Vice President of Operations Dr. Richard Foster*

last year, an increase of 5 percent from 2018. The COVID-19 pandemic brings additional concerns. According to preliminary data from the Ohio Department of Health and The Columbus Dispatch, 532 Ohioans died of a drug overdose in May of 2020, marking the highest total of any month in the past 14 years.

"The stress and uncertainty of the pandemic is especially difficult for those fighting the disease of addiction," says Vertava Health of Ohio Area Vice President, Dr. Richard Foster. "We know that Brandon Novak's story will be a source of inspiration for our patients. After more than 25

years of addiction he was able to finally get sober and find a new purpose, helping others find sobriety."

October is National Substance Abuse Prevention Month and Vertava Health is committed to helping Americans break the cycle of drug and alcohol addiction through individualized treatment plans that offer access to a full continuum of care including detox, residential treatment, outpatient therapy and virtual care (telehealth) services for substance use disorders and mental health conditions such as depression, stress, anxiety and post-traumatic stress disorder.

To arrange an interview or learn more about National Recovery Month, email [media@vertavahealth.com](mailto:media@vertavahealth.com)

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**ABOUT VERTAVA HEALTH:**

Vertava Health is a fully credentialed provider of SUD and co-occurring behavioral health disorders. We have a network of healthcare providers that partner with you throughout your treatment to ensure you receive an evidence-based care plan, tailored to your needs. We offer a full continuum of care on-site and online to equip you with the tools and resources to live out your best future.

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