

Farm and Food book wins top national Indie Excellence Award

Deep Agroecology book awarded top national honors

LINCOLN, NEBRASKA, UNITED STATES, October 21, 2020 /EINPresswire.com/ -- Deep [Agroecology: Farms, Food, and Our Future](#) Wins Top National Indie Excellence Book Award

Lincoln, Nebraska, USA —Independent journalist Steven [McFadden](#) was named a winner of the 2020 National Indie Excellence Awards for *Deep Agroecology: Farms, Food, and Our Future*.

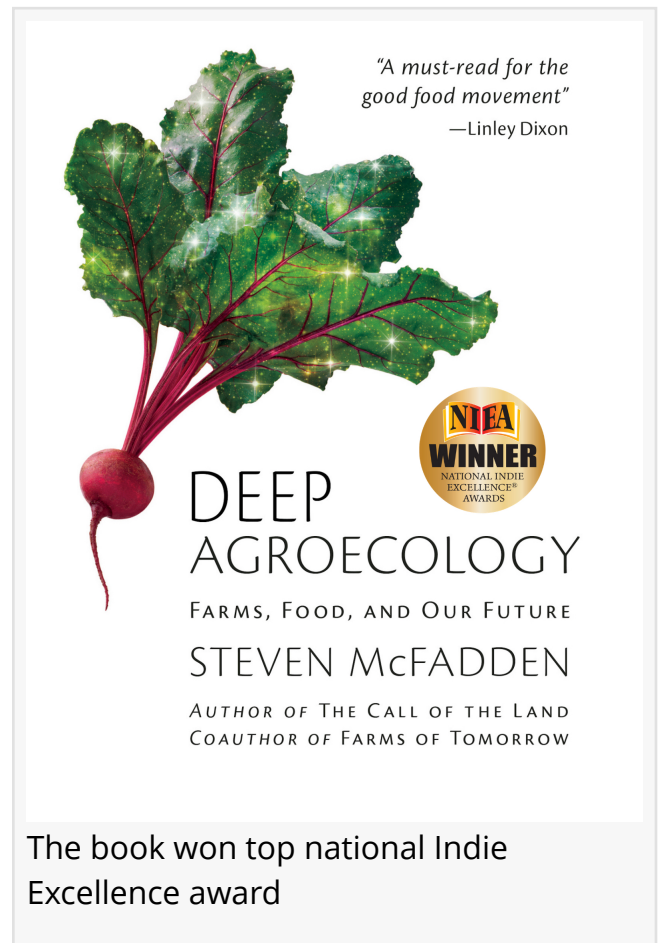
Deep Agroecology won the top honor in NIEA's Environmental category and was named a finalist in the Green Living category. The book, the author's fifteenth, was published in 2019 by Light and Sound Press.

NIEA was established in 2005 to promote excellence in independent and small-press publishing. Award entrants are judged by book industry experts on the basis of superior content and presentation in the final published product.

["Farms and food](#) are foundational for human society," McFadden notes. "Right now our civilization is undergoing massive upheaval—from climate chaos and environmental destruction to social injustice, economic uncertainty, and a global pandemic. We must build a new foundation, and that imperative task requires a vision."

The book offers a vision that weaves together the insights of agrarian science, social justice, indigenous wisdom, quantum physics, and ancient spiritual traditions.

The term "agroecology," used widely internationally, refers to ecological farming and food processing systems such as organics, biodynamics, and regenerative systems. McFadden's "deep



agroecology” also acknowledges subtle dimensions of light, energy, and spirit.

McFadden writes: “When we are respectfully aware and cooperating intelligently with both gross and subtle life forces to provide food, fiber, and beauty, we are practicing deep agroecology.”

Frances Moore Lappé, author of *Diet for a Small Planet* and cofounder of *Food First*, wrote of the book: “Thank you, Steven McFadden, for rich and moving clarity as you weave for us the many threads of deep agroecology.

The vision you capture is not a choice, for in this dire moment for our Earth, it is life's only possibility forward.”



Author Steven McFadden

The New England native is a graduate of Boston University’s journalism program. A lifelong champion of organic and regenerative agriculture, McFadden has written about farming, food, the environment, and North American wisdom teachings for over 40 years as a journalist, author, and blogger.

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Steven McFadden

He is the co-author, with the late Trauger Groh, of the first two books on CSA (community-supported agriculture): *Farms of Tomorrow* (1990) and *Farms of Tomorrow Revisited* (1998). He is the author of *The Call of the Land: An Agrarian Primer for the 21st Century*; *Odyssey of the 8th Fire*, an online chronicle of a 1995 pilgrimage across the U.S.; and over a dozen other nonfiction titles.

McFadden writes regularly for MotherEarthNews.com and his blog, DeepAgroecology.net.

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