

Sunshine Coast Health Centre, a Leading Mental Health Centre for Men in Canada, Announces Conference Sponsorship

The Center is announcing its sponsorship of an upcoming virtual conference on mental health.

VANCOUVER, BRITISH COLUMBIA, CANADA, October 24, 2020 /EINPresswire.com/ -- [Sunshine Coast Health Centre](#), a top-rated drug rehab, [alcohol treatment](#), and trauma / PTSD treatment program

for men at <https://www.sunshinecoasthealthcentre.ca/>, is proud to announce its sponsorship of the upcoming "Virtual Western Canadian Mental Health Summit Conference: Helping Individuals Thrive During Turbulent Times," to be held online April 21, 2021. The conference will bring together mental health professionals in Canada and cover timely issues surrounding anxiety, stress, and mental health during these challenging times.



British Columbia, Canada

“

We're excited to sponsor this important conference.”

Casey Jordan

“We're excited to sponsor this important conference,” explained Casey Jordan, Chief Marketing Officer. “These are obviously trying times for many Canadians, and we are seeing an epidemic of anxiety. One of the core focus areas

of the conference will be anxiety and how mental health practitioners can help Canadians cultivate healthy coping skills.”

Persons seeking to learn more can visit the Jack Hirose website at <http://www.jackhirose.com/> or reach out to Sunshine Coast Health Centre via its website for details.

FEATURED PRESENTERS

The conference will feature many distinguished presenters from among Canada's leading experts in mental health:

Gabor Mate, MD, Topic: Illness and Health in an Insane Culture

David Burns, MD. Topic: Feeling Great: Help Clients Change the Way They Feel

Margaret Wehrenberg, Psy.D. topic: Pandemic Anxiety: Surviving Stress, Fear and Grief During Turbulent Times

Jonah Paquette, Psy.D. topic: Fostering Well-Being and Meaning During Periods of Crisis

Donald Altman, M.A. topic: Mindfulness in the 21st Century: The Power of Unplugging to Reclaim Attention and Overcome Anxiety

Caroline Buzanko, Ph.D. topic: Stressed out Kids and Teens

The conference will be 100% online, thus making it possible for anyone from anywhere to participate. Persons interested in the services of Sunshine Health Centre are encouraged to visit the information page on their drug and alcohol treatment services at <https://www.sunshinecoasthealthcentre.ca/drug-alcohol-treatment/> and then, if desired, to reach out for a confidential consultation.

ABOUT SUNSHINE COAST HEALTH CENTRE

Sunshine Coast Health Centre is a 47-bed drug and alcohol rehabilitation facility exclusively designed for men, officially opened on the 15th of March 2004. The Centre has a philosophy of care that goes beyond just addiction to include personal transformation based on three key therapeutic principles: interpersonal relatedness, self definition (autonomy & competence), and intrinsic motivation. The Centre offers both [drug rehabilitation](#) and alcohol treatment near Vancouver, BC, but serving patients across Canada, particularly British Columbia and Alberta and cities such as Calgary, Edmonton and Red Deer. Sunshine Coast Health Centre uses a form of drug rehabilitation based on the research of Viktor Frankl and methodology of Paul T.P. Wong, namely 'Meaning Centered Therapy'.

Website. <https://www.sunshinecoasthealthcentre.ca/>

Jason McDonald
JM Internet Group
+1 415-655-1071
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/528953907>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2020 IPD Group, Inc. All Right Reserved.