

# Zine Ghediri Is Featured in Exclusive Online Interview with Thrive Global

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*Zine Ghediri recently sat down for an exclusive interview with Thrive Global where he outlines his sources of professional inspiration.*

MONTREAL, QUEBEC, CANADA, October 29, 2020 /EINPresswire.com/ -- Public service professional Zine Ghediri is featured in a one-on-one interview with Thrive Global - an online platform that highlights the successes of industry-leading individuals from a wide range of sectors. While the global pandemic has permeated through every facet of society, Zine reminds readers that it is crucial to remain self-motivated amid these unprecedented times. He further touches on the importance of social interactions, claiming that his friends and colleagues have served as a continuous source of motivation personally and professionally throughout the pandemic. Given the current social distancing mandates, it is crucial to develop your coping mechanisms to maintain mental and physical health.

Zine also takes the time to discuss how he upholds a work-life balance, stressing the importance of disconnecting from technology and establishing boundaries between one's work and home life. He states that it is essential to habitualize the practice of disconnecting for those who wish to make time for their family and personal obligations.

Throughout the interview, Zine highlights what his typical workday looks like and discusses some of his sources of inspiration. He also provides some advice for coping with the pandemic with Thrive Global readers. Those interested in reading the [full interview](#) can do so on the official Thrive Global site.

## About Zine Ghediri

Zine Ghediri was born in Algeria and received a master's degree in International Law from Nice University in France. With extensive professional experience in both private law and public service, Zine is proud to have a direct impact on the lives of his clients. Zine Ghediri currently resides in Montreal with his spouse, where he works for the government of Quebec as an attaché in the civil service sector.

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