

# Finding One's Bearings through Sailing

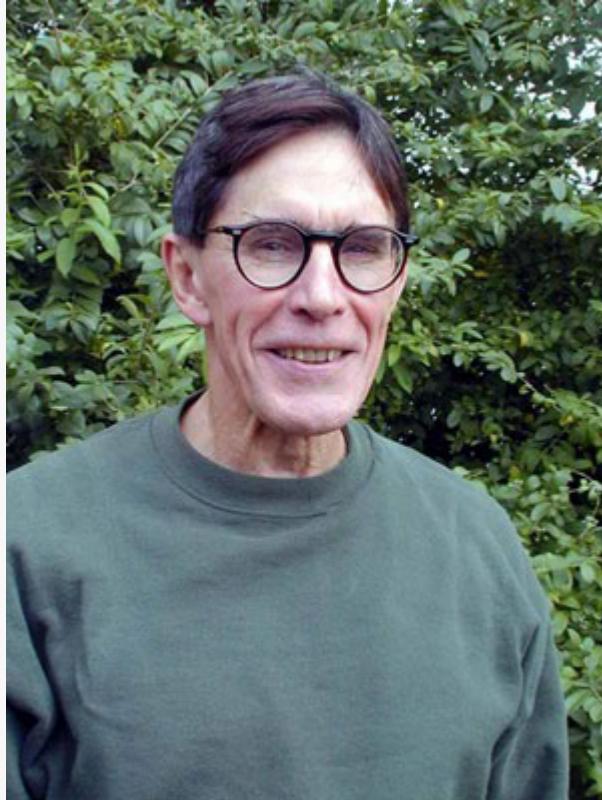
*Historical-fiction novel guides readers through the intricacies of this maritime hobby*

COOKSTOWN, NEW JERSEY, USA, January 5, 2021 /EINPresswire.com/ -- Throughout time and literature, various authors have explored the idea of having a reason for being. This reason may refer to things or pursuits that give people a sense of fulfillment, such as a hobby or passion. For William W. Fortenbaugh, a former university professor, this passion is sailing, and it has led him to write about one of the unique sailing traditions in New Jersey, catboats, which are single-mast, centerboard sailboats.

[From Beaton's to Beach Haven: A Cat Ghost Bh G](#) is Fortenbaugh's passion project, and it focuses on the story of the catboat Ghost, its origins, and the painstakingly methodical process behind its elegant craftsmanship. The depth and breadth of Fortenbaugh's discussion on the historical significance of catboats and the concepts involved in sailing are sure to provide additional instruction to sailing enthusiasts and increase their appreciation for and understanding of this sport. The stories about Ghost's adventures as a race boat may just convince readers to take up sailing as a hobby.



From Beaton's to Beach Haven: A Cat Ghost Bh G



William Fortenbaugh

Ghost may no longer be skimming the waters of Barnegat Bay, New Jersey, as it is now on display at the New Jersey Maritime Museum, but the book includes photos that will help readers envision the greatness of this beloved sailboat.

William Fortenbaugh is a professor emeritus of classics at Rutgers University. His love for taking to the sea started when he was eight years old, and out of all the boats he has raced, it is the Barnegat Bay A Cat that is his favorite. Fortenbaugh approached builders from David Bealon and Sons, photographers, and Ghost's crew to complete this fascinating story about one of New Jersey's special legacies.

#### About Writers' Branding

Writers' Branding is a full-service self-publishing company that provides aspiring authors exclusive access to publicity and a pool of book evaluators and marketing creatives and bridges them to literary agencies and traditional publishing houses.

Please visit [www.writersbranding.com](http://www.writersbranding.com) for more information.

Writers' Branding

Writers' Branding

+1 800-608-6550

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/534050608>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.