

# Groundbreaking Book Demystifies the Science and Use of CBD for Pain Management

*Cannabidiol Can Effectively Treat Chronic Pain Without Devastating Side Effects: Here's How*

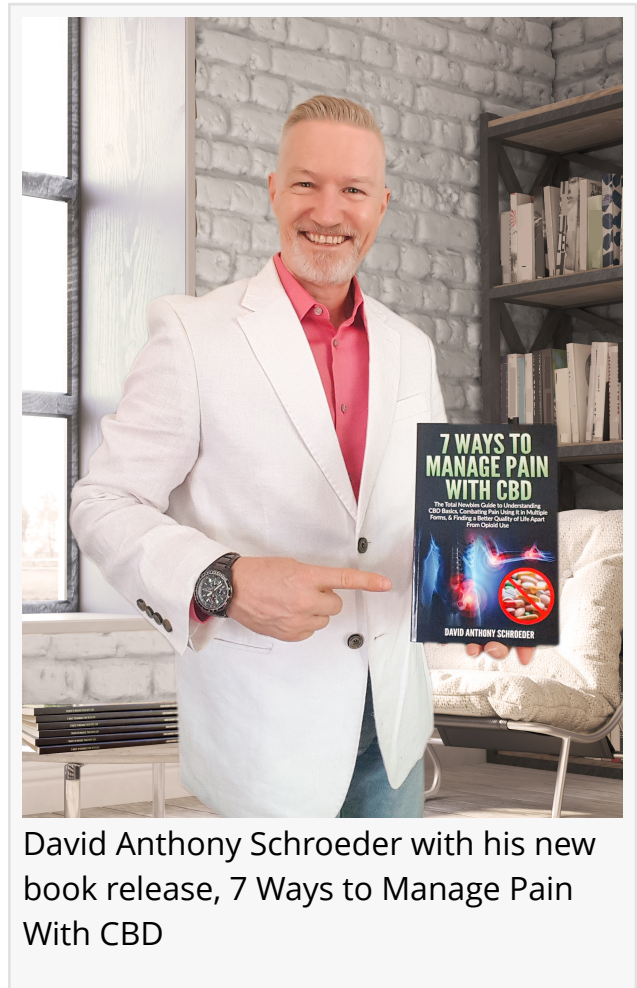
DALLAS, TX, USA, January 13, 2021

[/EINPresswire.com/](https://www.einpresswire.com/) -- Dallas, TX, January 12, 2020—The United States is grappling with a significant drug crisis that can, in large part, be traced back to chronic pain, overprescribing, and opioid dependency. The Centers for Disease Control estimates that just over twenty percent of adults in the United States (nearly half of which is considered high impact). Chronic pain has been linked to limited mobility, anxiety, depression, reduced quality of life, and opioid dependency.

Even in the face of that bleak news, there is hope. David Schroeder's new book, *7 Ways to Manage Pain with CBD*, has been hailed as a "CBD Pain Management Bible" and has been well received as a comprehensive guide to using cannabidiol to manage pain. *7 Ways to Manage Pain with CBD* weaves a narrative with documented sources and dispels myths while educating readers.

David wrote the book to help others after being confronted with a wide range of information and misinformation on the subject. Painstakingly researched, *7 Ways to Manage Your Pain with CBD* is an easy to understand guide for understanding the basics and use of CBD. Covering topics from defining CBD and how to ensure quality and accuracy, from risks (both side effects and legality) to dosage and formulation guides, this book has you covered.

As more and more people use CBD, it is becoming ever more urgent that there is a comprehensive guide to allow people to effectively and safely use CBD without falling prey to charlatans.



David Anthony Schroeder with his new book release, *7 Ways to Manage Pain With CBD*

7 Ways to Manage Pain with CBD is available on [Amazon](#) | [Barnes & Noble](#) | [Walmart.com](#)

“

Treating chronic pain doesn't need to come with the possibly dire consequences of narcotics and debilitating side effects. CBD can easily mitigate chronic pain—even high impact pain.”

*David Anthony Schroeder*

David Anthony Schroeder

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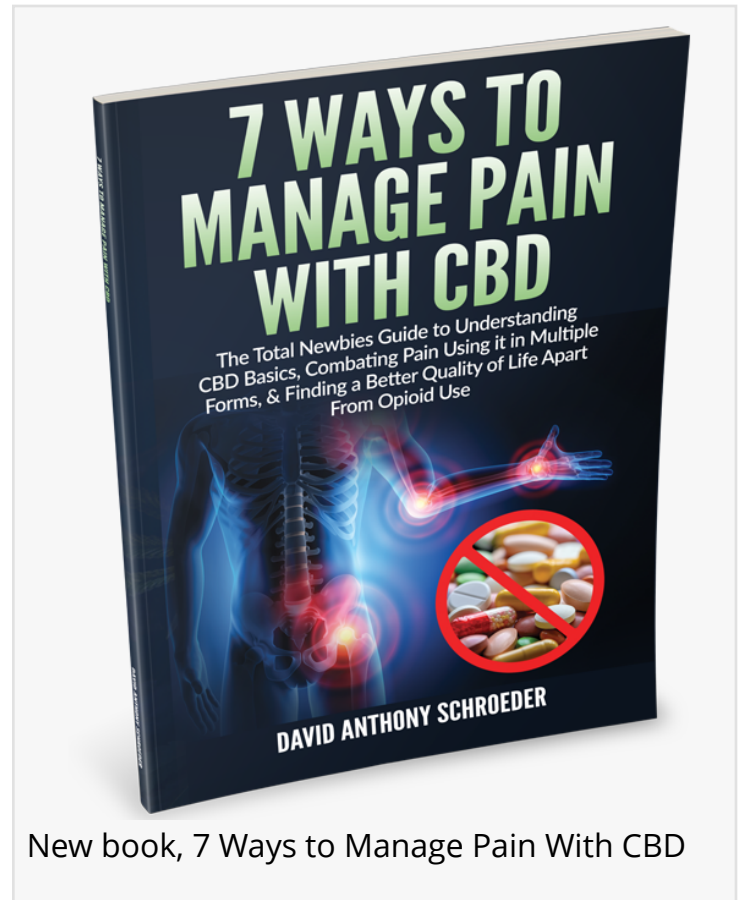
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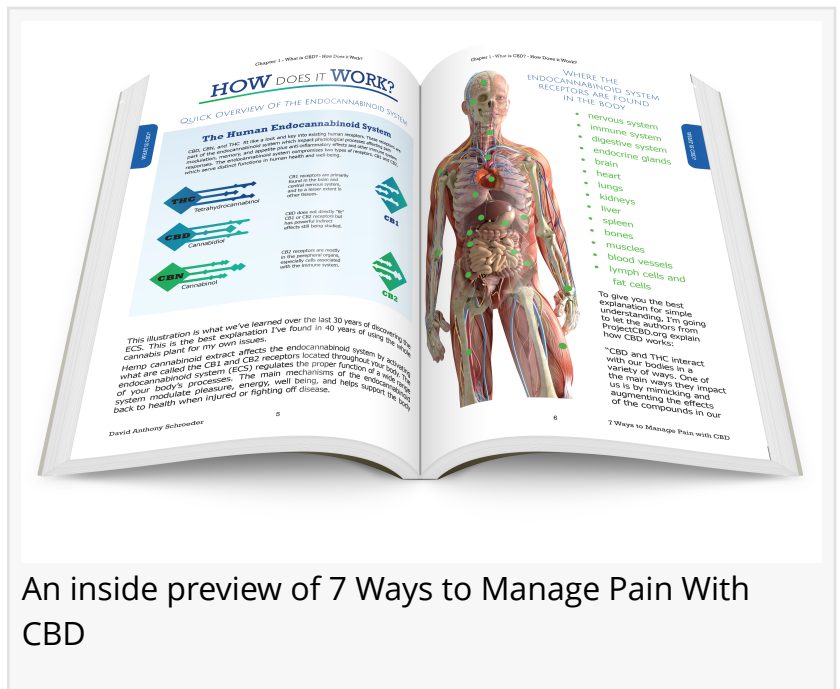
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New book, 7 Ways to Manage Pain With CBD



An inside preview of 7 Ways to Manage Pain With CBD

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