

The Ultimate PlayBook for Life - "1 Habit to Thrive in a Post-Covid World" - Becomes an International Best-Seller

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LOS ANGELES, CA, USA, January 23, 2021 /EINPresswire.com/ -- 1 Habit Press, Inc. is pleased to announce the company has launched 1 Habit to Thrive in a Post-Covid World, Co-Authored by Steven Samblis and Celebrity TV host - Forbes Riley. The book immediately became a Best-Seller in the US, Canada, Mexico, Australia, and the UK,

About the book...

As we pass through the devastation of the Covid Pandemic, the World will be a very different place. To thrive in that new World will require forward-thinking and new Habits to put Humanity back on track to a successful future.

1 Habit Press has brought together 100 best-selling authors and asked them to envision what the new World will look like after Covid. What new Habits can people instill in themselves to not only survive but to thrive in a

Post-Covid World? The result is 1 Habit to Thrive in a Post-Covid World.

TO THRIVE IN A POST-COVID WORLD

FOREWORD BY
CHARSTOPHER BOLLENBACH

LIFE-CHANGING HABITS TO NAVIGATE THE
POST-PANDEMIC WORLD FROM THE AUTHORS OF THE 1 HABIT BOOK SERIES

1 Habit Press Releases the Ultimate
Play Book for Life - 1 Habit to Thrive

in a Post-Covid World

The book contains submissions from over 100 incredible thought leaders offering over 200 game-changing Habits to help people put their lives back together. It will open minds and hearts to ways to create stability and launch lives back onto the success paths we were all destined for.

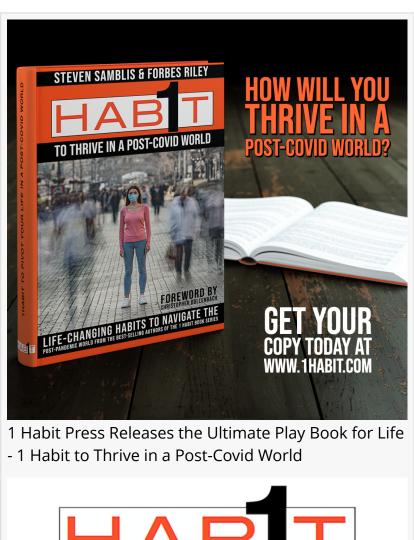
The best part -- it all happens just 1 Habit at a time.

Steven Samblis, the creator of the 1 Habit book series, stated... "In times of great need,

Knowledge-based companies like ours must be on a mission to teach the people how to get their lives back on track. This book can do just that with insights from over 100 brilliant minds brought together for the sole purpose of helping others get their lives back on track towards the path of success."

1 Habit to Thrive in a Post-Covid World features best-selling authors and thought leaders from across the planet, including:

Mark Aretskin, Ashley Armstrong, Laura Armstrong, Nicole Baczkowska-Popelka, Regina Baczkowska-Popelka, Cami Baker, Mylinda Beach, Angelica Benavides, Dr. Manon Bolliger, Tammy Boon, Ava Boudi, Olga Brooks, Jacquelin Buckley, Janice Burt, Tess Cacciatore, Dawna Campbell, Dr Deb Carlin, Marie Celestin, Albert Corey, Teresa Cundiff, Jacquie Doucette, Michele Drake, Mario Elsner, Jeanette Eriksson, Sheila Farr, Alan Fleming, Roni Fraser, Inga Goodman, Laurie Grant, Sally Green, Tessa Greenspan, Amy Grussing, Elizabeth Harper, Sherry Harradence, Helen Harwood Snell, Cristian Hauser, Megan Henry, Maggie





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Hunts, Shara Hutchinson, Janice Jamar, Jennifer Jerald, Alyssa Jerger-Merritt, Margret Jons, Ann Kesselman, Tracy King, Lesley Klein, Aaron Konow, Christina Kumar, Taryn Laakso, Catherine Lazure, Sherri Leopold, Susan Levin, Maria Lucassen, Jae Ma, Melissa Mackey, Dr. Grace Mankowski, Dr. Alexander Mankowski, Michele Marshall, Lynn Marysh, Mandy May, Lori McNeil, David Medansky, Kurt Miller, Denise Millett-Burkhardt, Kat Mische Elle, Jennifer Morris, Amy Morrison, Fred Moskowitz, Chineme Noke, Kedma Ough, Patricia Pearsell, Dr. Roberta A. Pellant, Mary Elaine Petrucci, Daniella Platt, Dr.Tracy Pobuda, Nikki Privitera, Carl Richards, Dr. Francesca Richardson, Lee Richter, Forbes Riley, Heather Rine, Alana Rodwell, Emilio Roman, Danielle Roman, Martin Salama, Steve Samblis, Nicole Scheffler, Lorrie J.Scott, Brenda Marie Sheldrake, Dr. Michael Simmons, Simon, Micheline Anna Spencer, Tracey Starr, Janelle Strite, Barb Swan-Wilson, Blaney Teal, Angel Tuccy, Brian Vander Meulen, Robert Wall, Kristianne Wargo, DK Warinner, "Trainer" Jane Warr, Sheree Wertz, Amber Ybarra

Order 1 Habit to Thrive in a Post-Covid World from at https://www.1habit.com/product/post-covid

About 1 Habit Press, Inc.

1 Habit Press is a vertically integrated media company with a focus on the development of human potential.

Our main business is publishing the 1 Habit book series. Our books cover a spectrum of needs from 1 Habit For a Thriving Home Office to 1 Habit to Beat Bullying. We have published nine books in the last year and have another 25 in the works.

To learn how to become a <u>1 Habit contributor</u> go to <u>https://www.1habit.com/contribute</u>

About Steven Samblis

Steve is a nine times best selling author in 18 months. He is the creator of the bestselling 1 Habit book series and founder of 1 Habit Press, Inc.

About Forbes Riley

Forbes Riley mesmerizes audiences with her authentic, inspirational style that is second to none. Often referred to as Oprah meets Tony Robbins, As a pioneer behind the As Seen on TV infomercial phenomenon, Forbes has hosted 180+ infomercials and guested on QVC/HSN generating more than \$2.5 billion in global sales. Her signature fitness product, SpinGym has sold more than 2 million units.

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