

Robin Shear of Joy To The World Coaching to be Featured on Close Up Radio

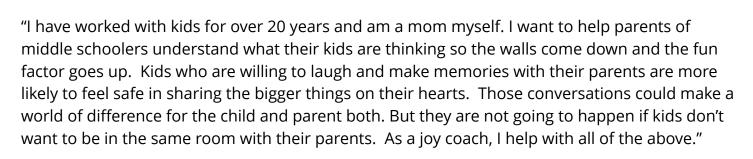
ONSTED, MICHIGAN, UNITED STATES, March 2, 2021 /EINPresswire.com/ -- Parents want to raise loving, capable children so the beautiful world we share stays that way. Parents are devoted givers. They pour their heart into their family and they wouldn't have it any other way.

But too much giving can leave parents feeling depleted. And sometimes the connection that parents and kids share is far from rich and rewarding. Joy and excitement seem beyond our grasp.

To be able to give fully, we must have joy to share, a full joy bucket.

Robin Shear is an ICF-certified life coach and founder of Joy To The World

Coaching, where she specializes in helping depleted givers, especially parents, discover joy and add it to their lives and their family relationships.



Joy is a way of being, of living, regardless of the circumstances. It's an inner effervescence for life itself and it cannot be taken away by a pandemic or a diagnosis or any negative situation. Joy is what helps you flourish despite the circumstances. To continue giving, parents need to incorporate joy into their lives. To enhance their family relationships, parents need to know how



to help their kids incorporate it into theirs.

"Joy is the ribbon that weaves my whole picture together and I want to extend that same beautiful ribbon to my clients," says Robin. "So often we don't really know what joy is or where it's found, so I help my clients learn who they are and what brings joy to them on a personal level, other than giving. I help them meet their need for joy, so they can be the most authentic version of themselves. And then to really raise the joy factor, I help parents connect with their kids on a deep level."



There are so many joys that make life worth living. Joy can be found in

movement, in gratitude, in connection, in music, in faith, in nature, and in so many other things. Joy can carry you through when happiness cannot.

"So often we confuse joy and happiness," says Robin. "Happiness is wonderful, but temporary. Joy is worth cultivating because it's lasting. As my clients focus more on joy, they are innately more resilient overall. It's amazing! If joy is present in a parent-kid relationship, it changes everything. I would love to reach the entire world with this message because I have seen how joy can affect individuals, families, and anyone else in a person's path. It's contagious!"

Close Up Radio will feature Robin Shear in an interview with Jim Masters on March 4th at 12pm EST

Listen to the show on <u>BlogTalkRadio</u>

If you have any questions for our guest, please call (347) 996-3389

For more information, visit <u>www.joytotheworldcoaching.com</u>

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