

Book Review by Literary Titan of "The YOU beyond you - The knowledge of the Willing" by Ramzi Najjar

A book that will change your perception of life

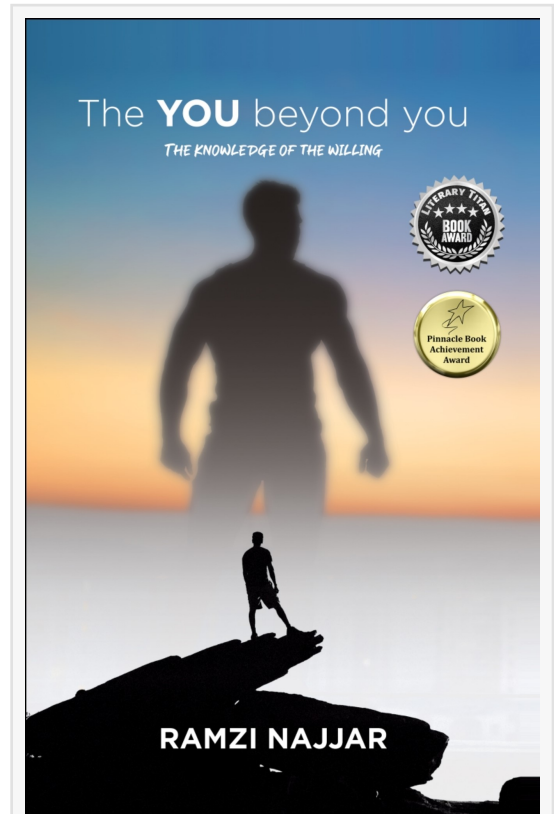
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/EINPresswire.com/ -- In The You Beyond You, Ramzi Najjar offers advice that can help one change their perception about life, boost their self-esteem and improve their personal habits. The author is engaging and his words are thought-provoking. The author talks about life experiences, and the lessons one should take when they fail. This book has rare truths, some of which are painful and agonizing to read about. The author however uses a friendly tone and captivating words that enable the reader to keep going. The You Beyond You is not just a self-help book but a personal guide for anyone who would appreciate reading encouraging words before they start their day.

I enjoyed reading the chapter 'Letting the Right Memory Run our Life,' because of how great the author expounded about the mind. I learned about pure memory, being positive, and how prepared we should be psychologically. Some of the things we do subconsciously are a result of the energy around us. Other chapters that I immensely enjoyed reading about were those that spoke about body pollution, mind pollution, and getting imprinted with the correct memory.

In this book, you will learn that there are solutions to most problems if you are committed to look for solutions. The author advises that as an individual, focus on being a better person before trying to be helpful to the next person. The energy you carry in you will be reflected in your actions. Every human being has feelings and the author writes that there is nothing wrong with expressing one's feelings.

Ramzi Najjar is a great motivational writer. His book has wisdom that can be helpful to teenagers, young adults, senior citizens, and anyone going through personal struggles. Being in



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the right state of mind will enable you to make better financial, career, and even romantic decisions and that is why this book is a must read for every reader. One good thing about Ramzi Najjar's writing style is that he is easy to understand. The phrases he used are easy to comprehend and the examples given in the book are relatable. I would recommend The You Beyond You to anyone who is looking for an inspirational book for personal growth.

Book Available on Amazon @ <https://www.amazon.com/dp/0578726270>

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Ramzi Najjar - Multi Award-winning Author "The YOU beyond you"

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